

2023年12月四级真题（第一套）

全解析-由学姐制作-仅供

参考

 答案 + 精析

Part I · 写作

题目回顾

Directions: Suppose the university newspaper is inviting submissions from the students for its coming edition on a campus event that has impressed them most. Write an essay for submission. (120–180 words)

 可从校园文化节、学术讲座、体育比赛、志愿服务等角度选取印象深刻的校园活动进行描述。

范文

The Most Impressive Campus Event: The Charity Book Fair

Among the many memorable events on our campus, the annual Charity Book Fair organized by the Student Union stands out as the most impressive. It is not just a book sale, but a celebration of reading and community spirit.

The event usually lasts for three days, with hundreds of donated books ranging from textbooks to novels, all at affordable prices. What made it truly special was the atmosphere of generosity and enthusiasm. Volunteers worked tirelessly to sort and display the books, while students and teachers eagerly browsed and purchased, knowing that all proceeds would go to support underprivileged children in rural areas.

I was deeply moved by the collective effort and the joy on everyone's faces. It reminded me that small actions can make a big difference. This event not only promoted reading but also strengthened our sense of social responsibility. It is an experience I will always cherish.

✦ **写作亮点：** 首段点明印象最深的活动，中间描述活动细节和感人之处，结尾总结意义。语言平实但情感真挚，符合四级记叙文要求。

Part II · 听力理解

⚠ 听力音频未附，以下答案基于题目逻辑与常见考点推断，仅供参考。实际以官方音频为准。

Section A · 新闻听力

1 **A**

Their brains work in harmony.

解析： 新闻可能讨论朋友间大脑同步现象，选A。B“同龄”、C“兴趣相似”、D“同种族”均可能但不是核心。

2 **C**

It can work both ways.

解析： 友谊关系可能是双向的，选C。A“感人”、B“难预测”、D“像家人”均不准确。

3 **D**

See whether they are actually related.

解析： 两人想确认是否真有亲属关系，选D。A“寻找同父异母兄弟”、B“识别生父”、C“了解祖先”均不如D贴切。

4 **B**

They were born to the same mother.

解析： 他们同母异父，选B。A“都被收养”可能，C“都开737”无关，D“都60岁”不是重点。

5 C

The beautiful beach was spoiled with lots of trash.

解析：海滩被垃圾破坏，选C。A“朋友被抓”错误，B“其他游客拒绝”无关，D“海滩空无一人”错误。

6 D

One of the five tourists.

解析：可能是五名游客之一发起了清理，选D。A“路人”、B“当地妇女”、C“海滩当局”均不符。

7 D

It was tourists not natives who were cleaning up the beach.

解析：是游客而非当地人在清理海滩，选D。A“未被注意”不对，B“卖劣质食品”无关，C“游客量下降”未提。

Section B · 长对话

8 B

He has got some books to read.

解析：男士说他有书要读，选B。A“踢足球”无关，C“去动物园”是女士的提议，D“参观博物馆”未提。

9 D

To give her little nephew a treat.

解析：女士想带小侄子去动物园，选D。A“教孩子保护动物”可能，B“看稀有动物”是内容，C“了解动物园受欢迎程度”不准确。

10 C

He is keen on extreme sports.

解析：男士热衷极限运动，选C。A“健康极佳”可能，B“每周教网球”未提，D“大部分时间在健身房”可能。

11 **B**

Concentrating on reading.

解析：男士在专心读书，选B。A“照顾肿脚踝”未提，C“写三篇读书报告”可能，D“计划圣诞”无关。

12 **C**

It partly records his own experience.

解析：书部分记录了他自己的经历，选C。A“被数百退休人员讨论”未提，B“吸引很多人”不是主要，D“主张延迟退休”可能。

13 **D**

One should start saving as early as possible.

解析：建议尽早开始储蓄，选D。A“预见金融危机”可能，B“信任理财师数字”错误，C“需要一百万美元”具体但非核心。

14 **A**

It doesn't need to be permanent.

解析：退休不一定是永久的，选A。B“辞职方式”错误，C“减少旅行开支”无关，D“不应视为冒险”不准确。

15 **D**

By spending within our means and saving the rest.

解析：建议量入为出并储蓄，选D。A“每月投资一半收入”太绝对，B“60岁退休”具体年龄，C“听从理财顾问”可能。

16 D

They were influenced by the presence of someone from an outsider group.

解析：行为受外来者影响，选D。A“被同族预测”不对，B“被对立群体判断”可能，C“被同族分享”不对。

17 B

When an unknown student from another university was present.

解析：当外校陌生学生出现时，选B。A“给研究者留好印象”不对，C“实验者注意”不对，D“提供零食”不对。

18 A

By advertising its social benefits.

解析：通过宣传社会效益，选A。B“支持消费者”可能，C“教饮食策略”可能，D“强调健康益处”可能，但A更符合“社会影响”。

19 C

The effect of interacting with therapy dogs on students under pressure.

解析：短文讲治疗犬对压力下学生的影响，选C。A“学术问题”无关，B“心理健康风险”可能，D“大学帮助学生”太泛。

20 B

Their executive functioning.

解析：可能提升执行功能，选B。A“沟通技巧”可能，C“学术网络”不对，D“领导力”可能。

21 D

Help students with mental issues pull through.

解析：帮助有心理问题的学生渡过难关，选D。A“消除焦虑”可能，B“增加压力”错误，C“对典型学生贡献小”可能。

22 C

Aim high and expect great results.

解析：设定高目标并期待好结果，选C。A“努力计划”可能，B“不惜代价成功”错误，D“困难中保持乐观”可能。

23 A

Regarding failure as something inevitable.

解析：把失败视为不可避免，选A。B“尝试创新营销”可能，C“冒险”可能，D“保持专注”可能。

24 B

Learn from our failure and forge ahead.

解析：从失败中学习并前进，选B。A“期待未来成功”可能，C“区分好坏风险”可能，D“检查策略找弱点”可能。

25 C

More challenges.

解析：更多挑战，选C。A“更新优惠”无关，B“更安全运营”可能，D“更少竞争”可能。

Part III · 阅读理解

Section A · 选词填空

从词库 A—O 中选词填入 26—35 空，每词限用一次。

A adjust

B alter

C approximately

E coordinates

G limitations

I participated

K populated

M seemingly

O upper

D controversial

F impact

H moderate

J patterns

L risk

N type

26 **F**

... can have a meaningful __ on health.

【解析：“impact on”意为“对.....的影响”，选 **F**。

27 **D**

It's also somewhat __, since the federal guidelines ...

【解析：“controversial”意为“有争议的”，与指南要求对比，选 **D**。

28 **H**

... or 150 minutes of __ exercise each week.

【解析：“moderate exercise”意为“中等强度运动”，选 **H**。

29 **I**

... who __ in the National Health Interview Survey ...

【解析：“participated in”意为“参加”，选 **I**。

30 **O**

... an __ limit to the amount of exercise ...

【解析：“upper limit”意为“上限”，选 **O**。

31 M

... there was ___ no limit to the longevity benefits ...

解析: "seemingly"意为"似乎", 选 M。

32 L

... had a 46% lower ___ of death ...

解析: "risk of death"意为"死亡风险", 选 L。

33 J

... they can only find ___.

解析: "patterns"意为"模式", 观察性研究只能发现关联模式, 选 J。

34 A

... were not able to ___ for certain lifestyle factors ...

解析: "adjust for"意为"调整.....因素", 选 A。

35 G

Despite these ___ the study's results ...

解析: "limitations"意为"局限性", 选 G。

Section B · 长篇阅读匹配

根据 A-L 段落信息, 判断 36-45 题陈述出自哪一段。

36 D 气候变化导致一些人可能无法充分获得某些食物 → D段: "some people may struggle to get the same access to certain foods."

37 I 全球人们吃的食物比过去更相似 → I段: "the foods we eat globally today are 36% more similar than they were in 1961."

- 38 **B** 最近的新闻报道讨论了通过基因工程帮助作物抗旱的科学努力 → **B**段：
"Last week, BBC Future explored one scientist's efforts to help crops cope with ... droughts. By using the genes ..."
- 39 **G** 预测气候变化将影响优质巧克力的供应和价格 → **G**段："High quality chocolate will be less available ... you'll have to pay a lot more for it."
- 40 **A** 人们怀疑某些作物和食品是否像动物物种一样因气候变化而消失 → **A**段：
"Could the same thing happen to our crops and other foodstuffs too?"
- 41 **F** 尽管美国农场可以北移一些，但产量可能下降 → **F**段："farms can move north to some degree... But eventually, yields will likely suffer."
- 42 **L** 解决粮食安全问题的可能方案之一是饮食多样化 → **L**段："diversifying our diet away from heat-sensitive wheat, corn, rice and other crops could also help."
- 43 **J** 通过基因工程创造耐热作物能否解决全球粮食供应问题尚无定论 → **J**段：
"For now, the jury is still out as to how successful those endeavours will be."
- 44 **H** 穷人可能因为价格高而放弃吃某些食物 → **H**段："for poorer people, those same price jumps will likely cause certain foods to go extinct from their diets."
- 45 **K** 许多现有农业技术可用于减少气候变化对粮食生产的负面影响 → **K**段：
"other strategies might also help ... including applying more fertiliser ... using technologies that already exist."

Section C · 仔细阅读

Passage One · 忙碌文化

46 **A**

What is a reason for the author to be in the habit of saying "busy" when asked how he is doing?

解析：作者说"that's what I think I'm supposed to say. That's what important people say. That's what people who get promoted say." 即他模仿成功人士，选A。B"他认为每个人都该投入工作"不是直接原因，C"他实际上很自豪"不准确，D"他相信忙碌确保成就"未提。

47 B

Why do we tend to think that busy people are of high status?

解析：研究指出“these status attributions are heavily influenced by our own beliefs about social mobility” and “the more we believe that one has the opportunity for success based on hard work”，即相信努力能成功，选B。A“地位归因于社会流动性”表述不准确，C“自己机会不易”未提，D“高地位者少休闲”是结果。

48 D

What do we learn about the culture of busyness from a recent study?

解析：“one in five highly engaged employees is at risk of burnout”，即损害员工健康，选D。A“让员工陷入会议”是现象，B“迫使20%员工显得忙”不准确，C“扭曲幸福观”未提。

49 C

What do such utterances as “I have limited access to email” sound like according to the author?

解析：“sound like you're being held against your will from working”，即被迫停止工作，选C。A“太忙无法查邮件”不是，B“反对工作文化”过度，D“享受休假”相反。

50 B

Why did the author and his colleagues launch the Out of Office Email Generator?

解析：目的是让员工和雇主真正休假，选B。A“让员工少查邮件”不是直接目的，C“阻止经理谈论忙碌”是部分，D“鼓励及时回复”错误。

Passage Two · 机票性别差异

51 A

What did the author's team conclude about the gender difference in airfares from their further investigation?

解析：“this gap is largely explained by the fact that women tended to book earlier than men”，选A。B“选更便宜航班”不是原因，C“男性愿付更多”不对，D“女性更关心公司钱”是后来发现。

52 D

What did the researchers want to determine by testing a variety of possible explanations?

解析：“We wanted to determine what was causing these gender differences in booking business trips”，即找到性别差异的原因，选D。A“男性常旅客为何晚订”是部分，B“女性为何提前计划”是部分，C“女性为何选便宜航班”可能。

53 C

What happened when the negative reciprocity variable was taken into account?

解析：“the gender gap disappears when we plug in the negative reciprocity variable”，即差异消失，选C。A“男女都有负面行为”是事实，B“都不视为坏行为”未提，D“差距缩小”不准确。

54 C

What did prior research on negative reciprocity among workers find?

解析：“it can result in lower employee motivation, business performance and workplace morale and culture”，即多方面反效果，选C。A“对职场伤害大于员工”不准确，B“加剧性别分歧”未提，D“劳资冲突”未提。

55 A

What does the author emphasize about their analysis in the last paragraph?

解析：“While that \$18 difference per ticket may seem small, it adds up. Our analysis suggests early booking... could save companies...” 强调可以节省大量资金，选A。B“促进业务表现”可能，C“将女性预订行为转化为男性”错误，D“增强竞争力”未提。



中文原文

中国政府十分重视人民的健康饮食。通过大力提倡健康饮食，人们对合理营养增进健康的重要性有了更加深刻的认识。“吃得安全、吃得营养、吃得健康”是人民对美好生活的基本需要，是提升人民幸福感的必然要求，也为食品产业的发展提供了新机遇。目前，各级政府都在采取多种举措确保人民饮食健康，推进健康中国的建设。



参考译文

参考译文：

The Chinese government attaches great importance to the healthy diet of its people. Through vigorously promoting healthy eating, people have gained a deeper understanding of the importance of proper nutrition in improving health. "Eating safe, eating nutritious, and eating healthy" is a basic need of the people for a better life, an inevitable requirement for enhancing people's sense of well-being, and also provides new opportunities for the development of the food industry. At present, governments at all levels are taking various measures to ensure people's dietary health and promote the construction of a Healthy China.

关键译点：

- “重视” → attaches great importance to
- “健康饮食” → healthy diet
- “大力提倡” → vigorously promoting
- “合理营养” → proper nutrition
- “基本需要” → basic need
- “必然要求” → inevitable requirement
- “新机遇” → new opportunities
- “多种举措” → various measures
- “健康中国” → Healthy China