# **UNIT 1 ENGLISH LEARNING**



#### In this unit, you are expected to learn

- 1) about the differences between American and British pronunciations
- 2) how to listen for details

## PART ONE WARMING UP

#### **T**ask: Can you read the following sentences in both American and British pronunciation?

- ✤ I met him by chance.
- ✤ He asked questions.
- You have to bring your passport.
- These shoes are comfortable rather than pretty.
- You must pay for the book in advance.
- ✤ I have a bath every day.

## PART TWO LISTENING

#### Text 1

#### Mania for learning English



Vocabulary				
grueling	adj. 使人精疲力尽的			
intensity	n. 强烈			
let down	使失望, 辜负			
mania	n. 狂热			
tsunami	n. 海啸			

#### **◯**Task 1: Watch the video clip and check [v] the true statements.

- 1. All Chinese students learn English by screaming it.
- 2. Two billion Chinese are learning English.
- 3. In China, children start learning English in the third grade, by law.
- 4. People learn English just for communication.
- 5. Music is the language of emotions.

#### **T**ask 2: Watch the video clip again and answer the following questions.

- 1. In what way has English become a mania in China?
- 2. What makes China the world's largest English-speaking country?
- 3. Why do people learn English?
- 4. Why is learning English important for students taking the college entrance examination (Gaokao)?
- 5. In what way is English becoming the language of problem-solving?

#### **T**ask 3: Listen to one part of the text again and imitate the rhythm.

Why English? In a single word: opportunity. Opportunity for better life, a job, to be able to pay for school or put better food on the table. Imagine a student taking a giant test for three full days. Her score on this one test literally determines her future. She studies 12 hours a day for three years to prepare. 25 percent of her grade is based on English. It's called the Gaokao, and 80 million high school Chinese students have already taken this grueling test. The intensity to learn English is almost unimaginable unless you witness it.

#### Text 2

#### Advice on learning English



Vocabulary				
Celstino Santee	塞莱斯蒂诺·桑提			
hesitant	adj. 犹豫不决的			
one-on-one	ad. 一对一			

outweigh	v. 比重要
similarity	n. 相似
soak up	吸收
sponge	n. 海绵
tutor	n. 家教

#### **T**ask 1: Watch the first part of the video clip and answer the following question.

What suggestions does Celstino Santee offer for those who come to the United States to learn English?

## Task 2: Watch the second part of the video clip and complete the following sentences.

And I found some			Of	course,	the ad	ults ha	ve, um,	more
traditional based,			tł	nat they	base the	eir form	of learn	ing on.
Also, in many cases they're more _					The	ey're a	little bit	more
, and	they	want	to	make	sure	that	they	have
	Ho	wever, t	he yo	oung chil	dren ar	e like s	sponges.	They
really just want to					They're	not afr	aid of n	naking
mistakes as are the older people. It is	so much	n easier t	o lear	rn a lang	uage wh	ien you'	re a chil	d.

#### **T**ask 3: Watch the third part of the video clip and answer the following questions.

- 1. Why do some people take private lessons with a tutor?
- 2. What's the advantage of taking a class with students from all over the world?

### PART THREE SPEAKING



#### **T**ask: Watch the video and talk about language loss and the globalization of English.

Form into small groups of three or four. Choose one from the following three questions for discussion. Each group can choose a moderator to lead the discussion.

- 1. Is it necessary to have a global language for global communication?
- 2. What do you think is the relationship between loss of language and the globalization of English?
- 3. If you were a parent of small kids, what would be the language of your family, Mandarin Chinese or the dialect of your hometown? And why?

## PART FOUR AMERICAN ENGLISH BOX

 当字母 a 在 /f/、/m/、/n/、/w/、/t/、/s/ 等辅音之前,英式英语发音为/a:/,美式英语 发音为/æ/。

e.g. ask, answer, half, pass, path, staff, dance, can't [kænt], fast

2. 英语中的/ɔ/在美语中发作/ʌ/

e.g. box, crop, hot, ironic, polish, spot

The strong forms of these function words: anybody (likewise every-, some-, and no-), because, of, from, was, what

- It's hot today.
- The cop stopped me.
- 3. 词尾特殊读音 --ile,在美音中发作/il/,/iːl/ 或/əl/,而在英音中一般发作/al/
  - The thin glass is fragile.
  - A missile is dangerous.
  - I lost my mobile phone.
  - She has a facile tongue. ['fæsail; (US) 'fæsl]
- 4. 后缀-ary -ery -ory 的读音

当这三个后缀之前的音节不重读时, 美音中, -ary 和 -ery 发成/eri/, -ory 发成/ori/. 而英音中三个后缀都发成/ri/.

- The company fired the secretary.
- He made his will preparatory to his voyage.

- This is the famous monastery.
- 清辅音[t]夹在两个元音之间,前一个是重读元音,后一个是轻读元音时,如 writer,美国人习惯将清辅音浊化,字母 t 的发音近于/d/。 下列几对单词在美语中的发音几乎相同:

下列儿对单词在支店中的发音儿子相归 writer ------ rider

latter ----- ladder

petal (花瓣) ------ pedal (踏板)

- What's the matter?
- Waiter, please.
- The guests were motored to the guest house.
- She is waiting for you.
- /ju:/(相应的字母拼写为 u, ue, eu, ew )在/t/, /d/, /θ/, /s/, /z/, /n/, /l/之后时, 美音倾 向于读/v/, 而英音倾向读/ju:/.
  - Who's on duty today?
  - It's new.
  - I bought a tube of toothpaste.
- 在英国标准音中,字母r在元音前才发音,如real;r在辅音前或词尾时是不发音的。但 在美语中,r在辅音前发明显的卷舌音,在词尾时亦发音。
  - I cannot hear you.
  - This is a question mark.
  - Turn left at the end of the road.
  - I have more to say.
  - I don't want to work overtime.

#### 8. Miscellaneous differences

BrE	AmE	Words
/i:/	/e/	evolution, lever
/ɔ/	/əʊ/	homosexual
/e/	/i:/	zebra, leisure
/æ/	/eı/	patriot
/1/	/aı/	vitamin
/a:/	/eı/	tomato
/əʊ/	/ɔ/	processor, progress (noun)
/a:/	/ə:/	clerk,
/aı/	/i:/	either, neither
/i:/	/aı/	prefixes anti-, multi-, in loose compounds (e.g. in anti-establishment, but not in antibody).
/aı/	/1/	minority, primer
/eı/	/æ/	apricot, patent
/ə/	/əʊ/	borough, thorough
/ɔ:/	/ə/	record (noun)
/ʃ/	/sk/	schedule

## PART FIVE HOMEWORK

●Task 1: Watch the video of the speech on Diamond Jubilee (登基 60 周年庆典) by Queen Elizabeth II and complete the sentences.



Many of you were present ten years ago and some of you will \_\_\_\_\_\_.

Since my Accession, I have been a regular visitor to \_\_\_\_\_\_ and, at the last count, have had the pleasurable duty of treating with\_twelve Prime Ministers.

Over such a period, one can observe that the experience of venerable old age can be \_\_\_\_\_\_ but not a prerequisite for success in public office.

I am therefore very pleased to be addressing many younger Parliamentarians and also those bringing such \_\_\_\_\_\_\_ to your vital, national work.

During these years as your Queen, the support of my family has, across the generations, been

**T**ask 2: Listen to the speech given by Michelle Obama and compare it with the speech given by Queen Elizabeth II. List three differences between American and British pronunciation.

BrE	AmE	Words

## **UNIT 2 FAMILY AFFAIRS**



#### In this unit, you are expected to learn

- 1) how to lead a formal discussion
- 2) how to make contrasts or comparisons

## PART ONE WARMING UP

**C**Task: Whose responsibility?

Whose responsibility is it to do cooking and other household chores, the wife or the husband? Talk to your partner, and argue about it.

## PART TWO LISTENING

Text 1

## Changing roles of men and women



Vocabulary			
avid	adj. 热心的		
career	n. 职业,事业		
disconcerting	adj. 令人不安的		
flexible	adj. 灵活的		
household chores	n. 家务		
juggling	n. 杂耍		

#### **◯**Task 1: Watch the video clip and check [√] the true statements.

- 1. Both David and his wife work.
- 2. Bob is David's father-in-law.
- 3. Bob's role as a father changed.
- 4. David's wife spends more time with the children than David does.
- 5. David's family is English.

#### **T**ask 2: Watch the video clip again and answer the following questions.

- 1. "However, since the late 60s and the early 70s, family life has been changing dramatically." How has family life changed?
- 2. "David is a modern father." In what way?
- 3. "...Bob's role as father changed." In what way?
- 4. "As a research scientist, David's schedule was more flexible." What was the result?
- 5. "...I think I have many more responsibilities than, than even most fathers do today..." Has David's career suffered because of his family responsibilities?

#### **T**ask 3: Listen to one part of the text again and imitate the rhythm.

Welcome to changing life styles. Today we'll take a look at the changing role of fathers. In the 1950s and the 1960s, most fathers went to work every day, and most mothers stayed at home to take care of the children. However, since the late 60s and the early 70s, family life has been changing dramatically. Instead of accepting the rigid roles imposed by society, many couples have been deciding to change their work-life balance. More mothers have been pursuing careers, while at the same time fathers have been devoting more time to caring for children and doing household chores.



## Why we have too few women leaders



#### Vocabulary

		•	
civil	adj. 公民的; 国内的	job	n. 工作
conference	n. 会议	lecture	n. 讲课; 讲座
convinced	adj. 信服的	obvious	adj. 明显的
corporate	adj. 公司的	partnership	n. 伙伴关系
couple	n. 夫妇; 两个	percent	n. 百分之
equivalent	n. 对等	philosophy	n. 哲学
focus	v. 集中; n. 焦点	professional	adj. 专业的; n. 专业人员
grade	n. 等级; 年级; 成绩	sector	n. 部门
individual	n. 个人	theory	n. 理论

**T**ask 1: Listen to the beginning of the video clip, "Why we have too few women leaders". The speaker mentions one real problem for women. Watch carefully, and complete the chart below.

Why we have too few women leaders			
Problem for women:			
Solution 1 for the problem:			

Solution 2 for the problem:	
Solution 3 for the problem:	

**T**ask 2: Watch the rest of the video clip, and complete the rest of the above chart.

**T**ask 3: Listen to the following sentences, and fill the gaps. All the words are in the wordlist above. Do NOT fall back on the list until you have completed the task.

- And if you're in this room today, most of us grew up in a world where we had basic \_\_\_\_\_\_\_ rights, and amazingly, we still live in a world where some women don't have them.
- In the \_\_\_\_\_\_, women at the top, C-level \_\_\_\_\_, board seats -- tops out at 15, 16 \_\_\_\_\_.
- 4. A \_\_\_\_\_\_ of years ago, I was in New York, and I was pitching a deal, and I was in one of those fancy New York private equity offices you can picture.
- And I'm in the meeting -- it's about a three-hour meeting -- and two hours in, there kind of needs to be that bio break, and everyone stands up, and the \_\_\_\_\_\_ running the meeting starts looking really embarrassed.
- In the high-income part of our workforce, in the people who end up at the top -- Fortune 500 CEO \_\_\_\_\_\_, or the \_\_\_\_\_\_ in other industries -- the problem, I am \_\_\_\_\_\_, is that women are dropping out.
- 7. Two, make your \_\_\_\_\_\_ a real \_\_\_\_\_\_...
- 8. Just a \_\_\_\_\_\_ weeks ago at Facebook, we hosted a very senior government official, and he came in to meet with senior execs from around Silicon Valley.
- 9. I gave this talk at Facebook not so long ago to about 100 employees, and a \_\_\_\_\_\_ hours later, there was a young woman who works there sitting outside my little desk, and she wanted to talk to me.
- 10. And I thought to myself, wow, if it's me -- who cares about this, \_\_\_\_\_\_ -- giving this talk -- and during this talk, I can't even notice that the men's hands are still raised, and the women's hands are still raised, how good are we as managers of our companies and our organizations at seeing that the men are reaching for opportunities more than women? We've got to get women to sit at the table.

## PART THREE SPEAKING

**T**ask 1: Watch a short video clip and take notes on the differences between men and women.

Men:	 	 
Women:	 	 

#### **Task 2:** Talking about gender differences.

Form into groups of four. Each group will choose a moderator to lead the group discussion on the differences between men and women. The moderator will report the differences to the rest of the class.

## PART FOUR COMPARISON AND CONTRAST BOX

#### **C**Task 1: Abraham Lincoln vs. John Kennedy.

Watch the short video clip, and talk to your partner about the similarities between the assassinations of Lincoln and Kennedy mentioned in the clip.


#### **Task 2: Similar and different.**

Write down three ways in which you think you and your partner are similar or different. Do NOT show your partner what you have written. Then tell each other the similarities or differences.

You:	 	 	_
Your partner:	 	 	

#### Tips on talking about differences/similarities

#### Asking about differences and similarities

- 1. Is there a difference between... and...?
- 2. What are the differences between... and ...?
- 3. What are the similarities between... and ...?
- 4. How do...differ?
- 5. How are ... similar?

#### **Giving differences and similarities**

- 1. There are striking differences between...
- 2. There are striking similarities between...
- 3. In contrast...

4. On the one hand... On the other hand 5. Similarly... 6. ... are the same. 7. They are quite similar in structure despite their obvious differences in length. 8. An essay, too, has a concluding paragraph. 9. They have a lot in common. 10. There is a big difference... 11. But you can pay for things with checks if you have a checking account. 12. A dictionary gives you definitions of words, while an encyclopedia contains factual information of a variety of types. 13. A checking account is more convenient, whereas a savings account is more economical. 14. No, they are different. 15. They are similar. 16. They are both...

## PART FIVE HOMEWORK

**T**ask 1: In this conversation, you are going to hear a couple arguing about cooking. Please complete the sentences.



A: Hey, there! What's for dinner... uh, (1) \_\_\_\_\_\_ again?

B: You have no idea, do you, how much time and creativity it takes to plan a (2) \_\_\_\_\_\_.

First you have to (3) \_\_\_\_\_\_ – for something that is balanced, tastes good, and (4)

\_\_\_\_\_. Then you have to (5) \_\_\_\_\_\_ what ingredients you

already have and (6) \_\_\_\_\_\_. Then you have to go (7) \_\_\_\_\_\_,

\_\_\_\_\_, \_\_\_\_\_. I have to do this every single day!

A: Okay, okay, I get your point. But what can I do? You know (8) \_\_\_\_\_\_.
B: Well, if you really want to help, you could (9) \_\_\_\_\_\_ these cookbooks and cooking magazines to (10) \_\_\_\_\_\_ for dinner tomorrow. Then you could go to the store.

**T**ask 2: Prepare a presentation about the differences between city life and country life, and then present it to your partner.

# **UNIT 3 AMERICAN HISTORY**



#### In this unit, you are expected to learn

- 1) how to listen for details
- 2) how to understand long sentences
- 3) how to present both sides of an argument

## PART ONE WARMING UP

**C**Task: Watch the video clip and answer the following questions.

- 1. Can you name some of the most important events and/or historical figures in American history?
- 2. Can you provide the correct answers to the questions about American history in the video?

## PART TWO LISTENING

#### Text 1

#### America: The story of us



Vocabulary		
bison	n. 北美野牛	
El Dorado	n.<西班牙语>(假想的)黄金国	
entrepreneur	n. 企业家	
perilous	adj. 危险的;冒险的	
roam	v. 漫步,漫游	
seam	n. 矿藏	
<i>the Deliverance</i> n. 解脱号		
visionary	adj. 有眼光的, 有远见的	

#### **Task 1: Watch the video clip and answer the questions.**

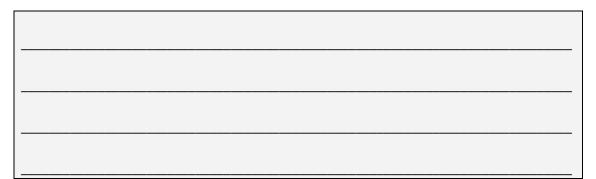
- 1. What is the date and what is the name of the ship mentioned in the video clip?
- 2. What kind of person is John Rolfe aboard the ship?
- 3. Why do the people risk their lives crossing the Atlantic Ocean to North America?
- 4. How rich is the land of North America according to the video clip?
- 5. Was John Rolfe among the first bunch of settlers in the New World?

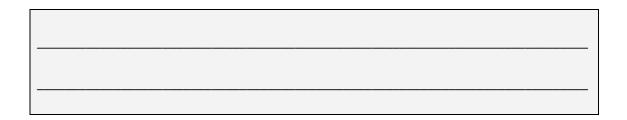
#### **T**ask 2: Listen to the video clip again and fill in the blanks.

Shiploads of businessmen and true believers are crossing the Atlantic Ocean to create a new
world. May 1610. 120 years after Columbus, it's still a (1) One ship, the
Deliverance, carries a cargo that will change America forever. "All hands over here!" Onboard is
John Rolfe, a 24-year-old English farmer. Ambitious, self-reliant, visionary.
(2) What takes us six hours today by plane was then a voyage of
more than two months. Seven of (3)will
be dead within a year. "Land ahoy!" But the risks are worth it. North America is (4)
A continent of (5)

\_\_\_\_\_, starting with the most valuable resource of all ... land.

#### **C**Task 3: Listen to part of the video and write down what you have heard.





Text 2

## The Mayflower and the Mayflower Compact



		Vocabulary
	anchor	n. 锚
1	Anglican Church	英国国教 (等于 Church of
		England); 圣公会
	ascetic	adj. 苦行的,禁欲主义的
	bond	n. 盟约,契约;承诺
No. of Street,	faith	n. 信仰
	Mayflower Compact	五月花号公约
	pledge	n. 保证,誓言
	Plymouth	普利茅斯(英国港市;美国马萨
		诸塞州东南城镇)
	Puritan	n. 清教徒

**T**ask 1: Watch the video clip and answer the questions.

1. What was the Mayflower and why is it so important to the Americans?

2. What kind of people were the Puritans and why were they aboard the ship bound for the new land?

3. What happened to the passengers aboard the ship before they made it to shore?

4. How did they settle the dispute?

5. What was the document they signed referred to as later and what is the significance of the document?

**T**ask 2: Listen to some sentences from the video clip and fill in the blanks with the missing word(s) you have heard.

2. This is *the Mayflower*. It was a \_\_\_\_\_\_ ship, mainly carrying wine between England and France.

3. Approximately 100 feet in length and only 25 feet wide, aboard this small ship were 102 passengers and 26 \_\_\_\_\_\_.

4. Most of them were farmers from the \_\_\_\_\_\_ of London.

5. Having been \_\_\_\_\_\_ in England where the Anglican Church linked closely to the royal family was the main stream, they headed for the new \_\_\_\_\_\_ for freedom of faith.

6. But of the 102 \_\_\_\_\_\_, only 41 which was less than a half were Puritans.

7. But before they even made it to shore, they \_\_\_\_\_\_ their first crisis – the non-Puritans sought to take separate ways.

8. This pledge was for all the immigrants to have law, a \_\_\_\_\_\_ for all to abide by in order to create a new society.

9. This \_\_\_\_\_\_ was later referred to as the Mayflower Compact.

10. This Mayflower Compact acted as a \_\_\_\_\_ between people of different faiths and \_\_\_\_\_.

#### Text 3

#### **Boston and Paul Revere**



#### Vocabulary

Boston Tea P	arty 波士顿倾茶事件	mob	n. 老百姓; 暴民, 暴徒
civilian	n. 平民, 百姓	serene	adj. 宁静的
dump	v. 倾倒	silversmith	n. 银匠
engraving	n. 雕刻	spark	v. 发动, 鼓舞
marathon	n. 马拉松	squad	n. 小队
massacre	n. 大屠杀	taxation	n. 征税
messenger	n. 报信者,信使		

#### **C**Task 1: Watch the video clip and answer the following questions.

- 1. Why is Boston so important in American history?
- 2. Who was the Boston Marathon taken after and when did it start?
- 3. What are the famous historical incidents that occurred in Boston?
- 4. Who was Paul Revere and why is he considered a hero of the War of Independence?

**T**ask 2: Watch the video clip or listen to the part(s) again and fill in the table with the missing word(s) you have heard.

Name of the Time when it began Brief account of the Role Paul Revere pla
--

event or incident	or occurred	event or incident	in the event or incident
	Opened in (1)	It is the (3)	It is said that the Boston
Boston Marathon		running Marathon	Marathon (4)
	now takes place (2)	event in the world.	a great (5)
			that ran through this land.
	every year		That (6)
			was Paul Revere.
	In (7)	(8) fired	Paul Revere created the
Boston Massacre		at (9)	famous (11)
		people rebelling against	that spread the news all
		British control and	over the (12)
		killing (10)	and turned (13)
			towards independence.
	In (14)	Citizens who (15)	Paul Revere was part of
Boston Tea Party		the taxation	the (20)
		of tea (16) as	that consisted of 60 men
		native American Indians	involved in that mission.
		(17)the	
		ship and (18)	
		all the tea into the sea	
		to (19)	

## PART THREE SPEAKING

**Task 1:** Watch the video clips and make a brief introduction of Paul Revere and his contribution to the Revolutionary War.

Tip: Pay attention to the ways you have learned in Book I about describing or introducing a person including his/her family background, personal background, occupation, and so on.

Vocabulary			
battleship	n. 战舰,战船	patrol	n.&v. 巡逻
Boston Comn	non 波士顿公园	scheme	n. 计划; 诡计
Concord	n. 康科德(美国马萨诸塞州东部	slip by	悄悄地过去;飞掠而
	城镇)	过	
dump	v. 倾倒	stealthy	adj. 偷偷的
engraving	n. 雕刻	weaponry	n. 武器,兵器(总称)

#### **T**ask 2: Practice presenting both sides of an argument on the topics below.

1. Does television play a positive or negative role in the modern society?

2. Do social media networks such as QQ, WeChat, and so on play a positive or negative role in our modern social life?

On the one hand ... On the other hand ...

Although/ Even if/ Even though it's true to say that ..., it's also true to say that ...

That's true in a way by saying that ..., but ... it's also true to say that ...

You could say that ..., but it's also right to say that ...

While we pay attention to the positive part of ... that it will benefit us in a way, we could not neglect the negative part of it which will affect our ... in some way.

Just as a coin has two sides, no side is better than the other; it is often difficult to distinguish what is right from what is wrong.

...

## PART FOUR LONG SENTENCE BOX

**T**ask 1: Listen to part of the audio book *Christopher Columbus – The Man Who Found America*, and then do a dictation of the long sentences you hear.

1	 _
	 _
2	 _
	 _
3	 -
	 -
4	 -
	 -
5	 -
	 -
6	 -
	 -
7	 -

#### Tips on understanding a long sentence

造成英语长句的原因主要是修饰语过多。听到英语长句时可关注下列几个方面来帮助理解:

(1) 努力听出并抓住全句的主语、谓语和宾语,从整体上把握住句子的结构。

(2) 熟悉英语句子的谓语结构,关注动词在句子中的作用,即是谓语结构、非谓语动词; 关注从句引导词(what, which, when, where, who, that, how, if, whether, because 等)。

(3) 根据从句引导词判断从句及其功能(主语从句,宾语从句,表语从句、状语从句等), 其中状语从句表示时间、原因、结果、条件等。

(4) 关注插入语等其他成分。

### PART FIVE HOMEWORK

**C**Task 1: Watch the video clip and answer the following questions.

1. What is the date and name of the harbor mentioned in the video clip?

2. According to the video clip, when did Columbus discover America?

3. What kind of people are the voyagers aboard the ship the Mayflower?

4. What do you think of their voyage across the North Atlantic?

5. What is the purpose of their voyage across the North Atlantic?

#### **T**ask 2: Watch the video clip again and fill in the blanks with the words you have heard.

The pilgrims (1)with the E	inglish merchants who will (2)
The pilgrims and the merchants will share a	any profits (3) This,
however, is the most (4)	The voyagers realize that their very
lives are at risk. They must cross the (5)	in a very small ship. The
journey will take many weeks on the open se	a. Men, women and children will be traveling in
unbelievably crowded conditions sharing what	little space there is with their precious cargo. The
voyagers will hardly have any room in which	to sleep and eat, (6)

Many will be leaving loved ones behind and even if they (7) \_\_\_\_\_\_, they will arrive at a (8) \_\_\_\_\_\_. However, they believe in God. Their desire for freedom from (9) \_\_\_\_\_\_ and their dreams of creating a new world for future generations all make (10) \_\_\_\_\_\_ a risk worth taking.

# **T**ask 3: Compare the video with the one in Text 2, Part Two and discuss the following questions with a partner.

- 1. What do you think is more reliable as a record of history, the documentary or the literary works? Why?
- 2. How do you understand the reliability of historical works?

## **UNIT 4 HEALTH**



#### In this unit, you are expected to learn

- 1) how to listen for the main idea
- 2) how to support opinions with facts and examples

## PART ONE WARMING UP

#### **Task:** Group discussion.

Discuss with your group members about the factors that may influence health. First, list as many factors as possible. Then, focus on two or three of them and explain the reasons why you think they may impact our health.

## PART TWO LISTENING

#### Text 1

#### **Exercise and health**



#### Vocabulary

alleviate	v. 减轻
angina	n. 心绞痛
astound	v. 使吃惊
calorie	n. 卡路里
decrease	v. 减少
elevator	n. 电梯
fend off	抵挡
medication	n. 药物
symptom	n. 症状
versus	prep. 对,对抗

#### **T**ask 1: Watch the video clip and decide whether the following statements are true or false.

( ) 1. Researchers found that people living on the third floor live longer because walking onto the third floor gives them enough exercises.

( ) 2. Since starting to work at the center, the Harvard-trained doctor has been surprised by the change she's seen in the participants.

() 3. The doctor says that, after coming to the center for a while, most people's blood pressure drops because of their medication.

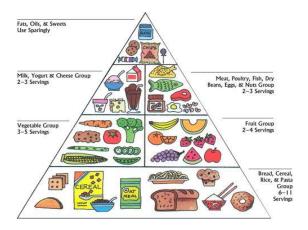
- () 4. Exercise can alleviate heart disease but not diabetes.
- ( ) 5. The doctor thinks that exercise can prevent cancer.

#### **T**ask 2: Watch the video clip again and answer the following questions.

- 1. According to the passage, what may have a profound effect on our health?
- 2. Why did people living on the second floor take steps?
- 3. According to the doctor, what may have a preventive effect on cancer?

#### Text 2

#### Food and health



	Vocabulary
calorie	n. 卡路里
concentrate	v. 浓缩; 集中
crave	v. 渴求
dietary	adj. 饮食的
famine	n. 饥荒
inhibit	v. 阻碍,抑制
obsession	n. 着迷, 困扰
Okinawa	冲绳
omega-3 fatty	racid ω-3 不饱和脂肪酸
tumor	n. 肿瘤

#### **T**ask 1: Watch the first half of the video clip and fill in the blanks with what you have heard.

The food is the most important part of a long, healthy life. In our modern civilization, we have
tended to concentrate the calories by 1), adding the
fat. Bite for bite, food is very, very concentrated in calories so that when you 2)
, you bring in way too many calories.
And ironically, we are 3) because we take away all the nutrients, so
that we end up as being we weigh too much, and we don't have the nutrients we need to have a
long and healthy life.
We all need to 4)and
change our dietary habits if we want to live longer. Fatty diets helped our ancestors survive
famines, and we are still 5) But today's
modern diet is swimming in the stuff and doctors say it's killing us.

# **T**ask 2: Watch the entire video clip and decide whether the following statements are true or false.

- () 1. Our ancestors probably ate thirty to forty pieces of fruits and vegetables a day.
- ( ) 2. The omega-3 fatty acids have been shown to inhibit tumors in human beings.
- () 3. The omega-3 fatty acids have been shown to reduce the risk of blood pressure.
- () 4. Most people in Okinawa live over a hundred years.
- () 5. One in ten Americans live over a hundred years.

## PART THREE SPEAKING

**T**ask 1: Watch the video clip entitled "Raising awareness about mental illness on campus" and summarize its main idea.



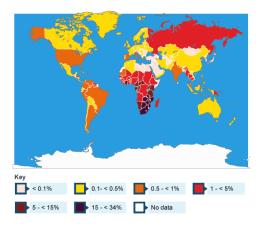
Vocabulary			
rampage	n. 暴力破坏活动		
psychosis	n. 精神病		
torment	n. 折磨, 痛苦		
stigma	n. 耻辱		
bipolar disorder	躁郁症		
collaborate	<b>v.</b> 合作		
screen	v. 筛查		


#### **Task 2: Group discussion.**

First discuss with your group members (3-5 students) on the topic "Which is more important to an individual, physical health or mental health?" and then choose one of your group members to join a whole-class discussion (4-6 students).

## PART FOUR SUPPORTING DETAILS BOX

**C**Task 1: Watch the video clip and answer the following questions.



Vocabulary			
carbon dioxide	二氧化碳		
concentration	n. 浓度		
data	n. 数据		
formula	n. 配方		
genetics	n. 遗传		
geographic	adj. 地理的		
lifestyle	n. 生活方式		
methane gas	沼气		
ozone	n. 臭氧		
Pennsylvania	宾夕法尼亚州		
physician	n. 内科医生		
sulfur dioxide	n. 二氧化硫		

- 1. What is the speaker's viewpoint on health?
- 2. How does the speaker support his viewpoint?
- 3. What kind of suggestions (prescriptions) does he give?

#### Tips on supporting an argument

Supporting an argument Let me give you an example. Here are some examples. There is a famous quote. Let's look at some statistics. This reminds me of...

# **C**Task 2: Watch the second half of the video clip again and fill in the blanks with missing information.

What I'd like to leave you for are two prescriptions. Okay, number one is, we must teach
physicians about 1) It's called
geomedicine. There are about a half a dozen programs in the world right now that are focused
on this. And they're 2)
These programs need to be supported. And we need to teach our future doctors of the world 3)
I've shared here with you
today. The second thing we need to do is while we're spending billions and billions of dollars all
over the world building an electronic health record, we make sure we 4)
It not only will be important for the
physician; it will be important for the researchers that now will 5)
But it will also be useful for us.

## PART FIVE HOMEWORK

**C**Task 1: Watch a TED speech and answer the following questions.

Vocabulary			
antidote	n. 解药		
assail	v. 攻击		
autism	n. 自闭症		
dementia	n. 痴呆		
lithotripsy	n. 碎石术		
modality	n. 形式, 模式		
pulverize	<b>v.</b> 粉碎		
scalpel	n. 手术刀		
schizophrenia	n. 精神分裂症		
stewarding	adj. 看管的		
stochastic	adj. 随机的		
ultrasound	n. 超音, 超声波检查		

1. What is the main idea of the speech?

- 2. How does the speaker describe silence?
- 3. What kind of music is highly recommended?
- 4. What are the four modalities where you need to take some action and get involved?

**T**ask 2: Watch a video clip entitled "Things you need to know about the human body" and choose the best answers.

		Vocabulary		
	cell	n. 细胞		
	constipation	n. 便秘		
	coordinated	adj. 协调的		
	electron	n. 电子		
	free radical	自由基		
	heartburn	n. 胃灼热,烧心		
	inflict	v. (使)吃苦头		
	molecule	n. 分子		
	nutrient	n. 营养物		
	oxygen	n. 氧气		
	replicate	v. 复制		
1. Our bodies peak between	the ages of			
A) 10-25 B) 15-	-30	C) 20-35	D) 25-40	
2. The cells divide and replicate times every day.				
A) 15 million B) 50 r				
		C/ 15 0111011	5, 50 billion	
3. At, your eyes let in		less light than th	ey did at 20.	
A) 40, one third B) 40,	two thirds	C) 60, one third	D) 60, two thirds	

**⊃**Task 3: Listen to a talk about exercise and health, and complete the following "listening map".

Vocabulary		
jog	v. 慢跑	
obesity	n. 肥胖	
premature	adj. 过早的	
sedentary	adj. 久坐的	
spur	v. 激励	

Part One Introduction to the talk
-----------------------------------

The topic of the talk is <b>1.</b>
Dest True sub testing 2
Part Two <b>sub-topic</b> : <b>2.</b>
• A sedentary life is <b>3.</b>
• One of the most common health problems is <b>4.</b>
• Health problems can result in <b>5.</b>
Part Three <b>sub-topic</b> : <b>6.</b>
• It's important to 7
<ul> <li>Sports are an excellent way to stay healthy.</li> </ul>
• Exercises can take 8
Part Four <b>sub-topic</b> : <b>9.</b>
• Two good forms of exercises are:
10
11
Part Five <b>sub-topic</b> : <b>12.</b>
• The two important things are:
13
14
• Avoid injuries by <b>15.</b>
• It's also important to <b>16.</b>
• Exercising with other people can <b>17.</b>

Part Six **sub-topic**: Conclusion to the talk

## **UNIT 5 CHINA AND ITS TREASURES**



In this unit, you are expected to learn

- 1) how to understand long sentences
- 2) how to lead a formal discussion

## PART ONE WARMING UP

#### **⊃**Task: What to choose.

If you were asked to send one thing representing China to an international exhibition, what would you choose? Talk to your partners and use specific reasons and details to explain your choice.

## PART TWO LISTENING

#### Text 1

#### Terracotta army \*



Vocabulary				
archer	n. 弓箭手			
assassination	n. 暗杀			
cavalry	n. 骑兵			
charioteer	n. 驾战车的人			
conscript	v. 征召			
compliance and u	uniformity  服从	与一致		
dissent	n. 异议			
mausoleum	n. 陵墓			

outlive	v. 比活得长
paranoid	n.& adj. 偏执狂
spectacular	adj. 壮观的,惊人的
speculate	v. 推测, 推断
Terracotta	n. 兵马俑
unearth	v. 挖掘

#### **◯**Task 1: Watch the video and check [**v**] the information mentioned.

- [ ] 1. The entire clay army was found by farmers in Xi'an.
- [ ] 2. Qin united much of what is now China in 246 BC.
- [ ] 3. It took over 36 years to complete the terracotta army.
- [ ] 4. For Qin, beauty and individualism were more important than compliance.
- [ ] 5. Qin left some records of the construction of the terracotta army.
- [ ] 6. Qin outlived numerous assassination attempts.
- [ ] 7. Qin's own warriors may have armed a revolt after his death.

**T**ask 2: In this exercise, you will read some nouns and adjectives. Listen to the narration and change them into the right forms based on what you hear.

1.	fertility $\rightarrow$	2. sculptor $\rightarrow$
3.	handcraft $\rightarrow$	4. eternal $\rightarrow$
5.	standard $\rightarrow$	6. immortal $\rightarrow$
6.	$civil \rightarrow$	8. face $\rightarrow$
9.	compliant $\rightarrow$	10. uniform $\rightarrow$
11.	$tax \rightarrow$	12. revenge $\rightarrow$

**T**ask 3: Listen to the following sentences. Pay attention to the brief pause after each chunk in the sentences. Supply the missing information.

1. One by one, / _		/ until an entire clay army
		, / each individual painstakingly handcrafted / and
2. THE		, / weights and measures, / and
		,/ and he commissioned
3. It took		/ and a work force of
	/ to	/ and court.
4. He massacred		,/ had hundreds of thousands of

people punished /			/, subjected his people to
		/ and showed little tole	erance for dissent.
5. The army		/ towards	states /
	_ / as if he		/ coming over the horizon.

Text 2

Silk road \*



Vocabulary		
barren	adj. 贫瘠的	
bazaar	n. 集市	
caravan	n. 沙漠旅行队,沙漠商队	
cosmopolitan	adj. 世界性的,大都会的	
desolate	adj. 荒凉的	
diversity	n. 多样化	
ethnic	adj. 种族的	
fortified outpost	防御哨所	
inhospitable	adj. 不适宜居留的	
perilous	adj. 危险的	
rubble	n. 碎石	
terrain	n. 地带	
thriving	adj. 繁荣的	
Uygur Autonomou	is Region 新疆维吾尔自治区	

#### **C**Task 1: Watch the video and answer the following questions.

- 1. How big is Uygur Autonomous Region?
- 2. How can we describe the inhabitants in the region?
- 3. Why was this region more cosmopolitan one thousand years ago?
- 4. What cargos were transported across the Silk Road?
- 5. Why was Xi'an called the most cosmopolitan city by the early 12th century?

6. When did China close itself off?

**T**ask 2: Listen to the recording and translate the following chunks into English based on what you hear.

1.	荒凉贫瘠的地域
2.	与八个国家接壤
3.	一条最重要的贸易之路
4.	广袤的沙漠和险峻的山脉
5.	价值几乎与等量黄金相同
6.	防御哨所和由城墙围绕的城市
7.	自我封闭
8.	往昔的记忆

#### **T**ask 3: Listen to one part of the text again and imitate the rhythm.

But after trading with the rest of the world for hundreds of years, in the 17th century, China closed itself off. The country's door reopened in 1978, and for the Chinese, it became business as usual once more. China's new trade routes are six-lane highways and deep-water ports. Its silk trade has been replaced by steel and consumer goods. And of the famous silk road, all that remains today of its once thriving bazaars are rubbles and the memories of another age.

## PART THREE SPEAKING

**●**Task 1: Watch a video about acupuncture (针灸) and extend the notes into sentences. Then give a brief introduction about the basics of acupuncture.

1. use the body's energy / the idea that energy flows through your body / the top of the head / down the back / down the legs / to your toes / out the limbs (四肢) / to the tips of your fingers

2. various specific points / the balance of energy / the flow of energy / greater on this line / greater on the point

3. a recent study / a point at the very top of the shoulders / a blood pooling (血液汇集) / in a greater quantity / a very important point used in acupuncture



#### **Carter States and Control Con**

Read the following passage. Then form into groups of four and choose one moderator. After each individual gives opinions, the moderator will report to the class.

#### Is traditional Chinese medicine science or superstition?

Unlike its Western counterpart, traditional Chinese medicine (TCM) is based on a Taoist view that sees illness as an imbalance of "chi," the universal energy made of opposing forces, yin and yang, constantly flowing through our bodies.

Using diagnostic techniques like taking your pulse and examining your tongue, the traditional Chinese doctor can recognize the nature of the imbalance; whether there is too much yin (dark, wet, or cold) or too much yang (light, dry, hot), and develop an appropriate treatment.

Because Western medicine takes more of a materialist approach — relating illness only to pathogens (病原体) and biological actions that can be measured or seen — the spiritual foundation of TCM makes skeptics (怀疑者) doubt the validity (有效性) of many traditional

Chinese treatments.

# PART FOUR CHUNK BOX

#### **Task 1: Watch and retell.**

The knot button (盘扣) is a distinctive characteristic of traditional Chinese apparel (服裝). Watch the video and take notes. Then retell what you have heard based on your notes.

- 1. The history of knot buttons goes back to \_\_\_\_\_
- 2. In the 4th century BC, the knot button took its present form and \_\_\_\_\_\_

\_\_\_\_\_ until the Qing Dynasty.

- 3. They are usually made of cords \_
- 4. During the early Qing Dynasty, there was a change of style. Clothes of the Manchurian ruling classes began to \_\_\_\_\_\_.
- 5. Recent years have seen a flourishing of knot buttons. Among the most popular designs are
- 6. The making of knot buttons has become a hobby for \_\_\_\_\_\_

#### Use chunking to understand long sentences

Chunking is the ability to group more than one word together for meaning and remembering. Students with a good chunking ability can listen and understand longer English, and they also find speaking easier. In fact, they find English easier in general. So, how can we improve chunking ability? We can improve chunking ability by using recorded audio programs. Just listen to a portion of the program, and stop it. Then try to repeat what you heard.

#### **Task 2: Group discussion.**

China has decided that no one will have to pay to visit the country's art galleries and libraries in an effort to offer more cultural services to the people. However, since the decision was announced the number of people trying to visit museums has risen sharply. In fact, people are beginning to worry if visitors will get a good level of service and whether the galleries and libraries can handle such crowd. So what will be the result of this well-intended policy? How strong is China's museum culture? How long will it take for China to offer a better cultural experience?

Directions: Work as a group of four and choose one moderator. After each individual gives opinions, the moderator will report to the class.

#### Leading a formal discussion

In a formal discussion, the moderator makes sure that everyone has a chance to speak and that the discussion is logical and reaches a conclusion. Introducing the topic Our topic for discussion is ... We are going to discuss the topic ... Inviting people to speak What do you think, Wang ...? Wang ..., how do you feel about this ...? Moving the discussion on Thank you, Wang ... How do other people feel about this? Would someone else like to say something? Summarizing I think we can conclude that ... The general opinion seems to be that ...

# PART FIVE HOMEWORK

**T**ask 1: The following report describes a flowering of a new vocabulary in China today. For example, people are divided into various tribes (zu). Listen to the report and write down their English translations.

1. yi zu	
2. ken lao zu	
3. jia wan zu	
4. shan hun zu	
5. yin hun zu	
6. wo ju zu	
7. ben ben zu	
8. nie nie zu	
9. fang nu	
10. hun nu	
11. haizi nu	slaves to the only child
12. yue guang zu	

#### **T**ask 2: Listen to the following education report and answer the questions.

1. How much is the increase in graduate school applications from international students this year?

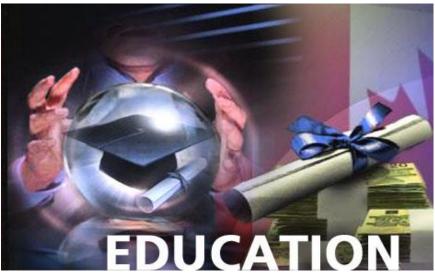
2. Which areas of study gain application increase?

3. What are the top five countries / regions that send graduate students to the US, plus Mexico and Brazil?

4. How does Debra Stewart explain the application increase from Chinese students?

5. According to a student from Ghana, what attracted him to study political science in UCLA?

# **UNIT 6 EDUCATION**



#### In this unit, you are expected to learn

- 1) how to listen for details
- 2) how to listen for signposts
- 3) how to listen to news

# PART ONE WARMING UP

#### **Task:** Importance of education.

Work in pairs. Share your views on the following questions:

- 1. What have you achieved through school education?
- 2. Does good education guarantee a good job?
- 3. What motivates you to study hard?

# PART TWO LISTENING

## Text 1

## Fighting for a better future



Vocabulary		
ambitious	adj. 有抱负的	
brutal	adj. 残忍的,无情的	
fierce	adj. 激烈的	
hopeful	n. 有成功希望的人	
make-or-break	n. 要么成功要么毁灭	
officially	ad. 正式地	
pack	v. 拥挤	
prestigious	adj. 有声望的	

summit

#### **T**ask 1: Watch the video clip and judge whether the following statements are true or false.

1. Under the heavy pressure of the college entrance examination, many students decide to give up.

- 2. Both the students interviewed appear confident.
- 3. Because of the intense competition in recent times, the number of test takers is dropping.
- 4. The parent admits that she has put much pressure on her child.
- 5. Due to the brutal reality, the future of many young people seems miserable.

**T**ask 2: Watch the video clip again and answer the following questions.

- 1. Why did the Shanghai Cooperation Organization Summit postpone their meeting?
- 2. If students don't get a good grade, what can they do?
- 3. What were the admission rates last year?
- 4. *Who* will face a tough time on the job market?
- 5. According to the new statistics, *how many* students will be unemployed?

### Text 2

### Address from Obama to school children \*



Vocabulary			
bully	n. 恐吓,威逼		
circumstances	n. 境况		
destiny	n. 命运		
foster home	收养家庭		
gang	n. (闹事青少年的)一群		
neglect	v. 疏忽,忽视		
scholarship	n. 奖学金		
surgery	n. 外科手术		
tease	v. 戏弄		

#### **Task 1: Listen and complete the following sentences.**

- There were times when I was lonely and I \_\_\_\_\_\_ I didn't fit in. So I wasn't always as \_\_\_\_\_\_ as I should have been on school, and I did some things I'm not \_\_\_\_\_\_, and I got in more trouble than I should have.
- And my life could have easily \_\_\_\_\_\_ for the worse. But I was -- I was lucky. I got a lot of \_\_\_\_\_\_, and I had the opportunity to go to college and law school and
- 3. My wife, our First Lady Michelle Obama, she has a \_\_\_\_\_\_ story. Neither of her parents had gone to college, and they didn't have a lot of money. But they worked hard, and she worked hard, so that she could go to the \_\_\_\_\_\_ schools in this country.
- 4. Maybe you don't have adults in your life who give you the support that you need... But at the end of the day, the \_\_\_\_\_\_ of your life -- what you look like, where you come from, how much money you have, what you've got going on at home— none of that is an excuse for \_\_\_\_\_\_ your homework or having a bad attitude in school.
- 5. And Jazmin, Andoni, and Shantell aren't any different from any of you. They face \_\_\_\_\_\_\_ in their lives just like you do. In some cases they've got it a lot \_\_\_\_\_\_ than many of you. But they refused to give up. They chose to take responsibility for their lives, for their education, and \_\_\_\_\_\_ for themselves.

# **T**ask 2: Listen to one part of the text. Look at the following statements. Match the names (A-C) listed below with the statements.

- A) Jazmin
- B) Andoni
- C) Shantell
- 1. She once bounced from foster home to foster home in the toughest neighborhoods in the city.
- 2. He has fought brain cancer since he was three. He's had to endure all sorts of treatments and surgeries, one of which affected his memory, so it took him much longer—hundreds of extra hours—to do his schoolwork.

- 3. She didn't speak English when she first started school. Neither of her parents had gone to college.
- 4. She managed to get a job at local health care center, start a program to keep young people out of gangs, and she's on track to graduate high school with honors and go on to college.
- 5. She worked hard, earned good grades, and got a scholarship to Brown University.

#### Tips on listening for signposts and details

#### Listening for signposts and details

When a speaker goes into details, he/she often uses what are called "signposts". For example, "firstly", "secondly", "finally", "however", "to conclude", and many others. If we are listening for details, we have to follow these signposts for effective listening. Good public speakers and lecturers indicate the stages of their talk through the use of these signposts. These words direct our listening. They warn us that more information is coming and suggest what kind of information this may be. Instead, signposts prepare us to listen for details.

(1) Addition	Because of this,
Another point I want to emphasiz	e is Thus,
In addition,	Hence,
Furthermore,	For this reason,
(2) Comparison	(6) Condition
On the contrary,	If
In comparison,	Assuming/Supposing that
By contrast,	Unless
(3) Concession	on condition that
Although	provided / providing that
However,	(7) Exemplification
Despite the fact that	for example
In spite of	for instance
Even if /though	such as
But	like
(4) Listing	(8) Clarification
First, Furthermore, Finally,	in other words
(5) Cause and effect	, what I mean is
The reason for is	, to put it another way,
Therefore,	(9) Summary
So,	In summary,
As a result,	To summarize,
As a consequence,	To conclude
Consequently,	So as we have seen,
	In a nutshell,

# PART THREE SPEAKING



**T**ask 1: Watch a short video clip and point out the main differences between the Chinese and American educational systems discussed in the interview.


**T**ask 2: Form into groups of four. Each group will choose a student to be a host/hostess. The other students will be the guests. The host/hostess will interview each of the guests with the following questions.

- 1. Are your parents strict with your schoolwork?
- 2. Do your parents set any special rule for you? And how do you feel about it?
- 3. How do you understand the importance of home education?

## PART FOUR NEWS LISTENING

**T**ask: In this section, you will hear three news reports. You must choose the best answer from the four choices marked A), B), C) and D).

#### Questions 1 and 2 are based on the following news item.

- 1. Which of the following countries is a member of the G7?
  - A) China
  - B) Germany
  - C) India
  - D) Russia
- 2. What is the focus of the meeting this year?
  - A) Global economy
  - B) Climate change
  - C) Infectious diseases
  - D)Terrorism

#### Questions 3 and 4 are based on the following news item.

- 3. U.S. dropping atomic bombs on Japan did not lead to \_\_\_\_\_.
  - A) the death of over 200,000 people
  - B) the end of World War II.
  - C) the retreat of Japanese army from China.
  - D) avoiding an American invasion of Japan.
- 4. What does President Obama hope to do by visiting Hiroshima?
  - A) to apologize for the use of the atomic bomb.
  - B) to urge Japan to apologize for its mistreatment of U.S. prisoners in World War II.
  - C) to strengthen the military alliance between the two countries.
  - D) to attract attention to the goal of reducing the world's nuclear weapons.

#### Questions 5 and 6 are based on the following news item.

- 5. People are flooding into Europe for different reasons EXCEPT \_\_\_\_\_
  - A) they can have a better life than that in their home countries.
  - B) they can enjoy free health care.
  - C) they are escaping from terrorists' control.
  - D) their countries are torn by war.
- 6. Which of the following statements is true?
  - A) Many people take small boats to get to Europe.
  - B) In the past week, over 65 people have died when crossing the Mediterranean Sea.
  - C) Hundreds are missing because of extreme weather conditions.
  - D) Italian authorities say they've rescued about 700 people in the Mediterranean

## PART FIVE HOMEWORK

**Task:** Listen to a news report and fill the gaps.

1. Friday's summit has sent a strong message that countries in \_\_\_\_\_\_\_ should send more students to one another's countries and \_\_\_\_\_\_\_ in running educational

institutions.

- "...At present, there are four functioning \_\_\_\_\_\_ in Pakistan and two are going to be established..."
- 3. "There is a \_\_\_\_\_\_ from Belt and Road countries for education cooperation with China, especially from the developing countries, which are seeking to develop more talents who know China well to \_\_\_\_\_\_ and other cooperation."
- Chinese language education and Chinese cultural elements in the curriculum have become that attract schools in the Belt and Road countries.
- 5. The summit was held after China's State Council unveiled a development plan last week which focuses on boosting \_\_\_\_\_\_ in the education sector for the next five years.
- It brings together countries in Asia, Europe and Africa, with the purpose of boosting \_\_\_\_\_\_, financial cooperation and \_\_\_\_\_\_ in those regions.

# **UNIT 7 MASS MEDIA**



#### In this unit, you are expected to learn

- 1) how to listen to news and advertisements
- 2) how to lead a formal discussion

## PART ONE WARMING UP

**Task 1: Best way to obtain news.** 

Work in pairs. Which source do you think is the best way to obtain everyday news?

newspaper	TV	social	media	(e.g.,
		wechat	, microble	og)

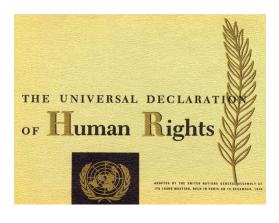
**T**ask 2: You'll hear 6 news stories. Listen carefully and decide whether each story is a piece of good news or bad news. Put a tick ( $\vee$ ) in the right box in the table below.

News Items	Good News	Bad News
1.		
2.		
3.		
4.		
5.		
6.		

## PART TWO LISTENING

## Text 1

## UN marks 20th anniversary of Human Rights Declaration \*\*



Vocabulary			
activist	n. 积极分子; 激进主义分子		
agenda	n. 议程,日常工作事项		
atrocity	n. 暴行		
changer	n. 改变者		
civilian	n. 平民, 百姓		
envision	v. 想象		
eradicatio n	n. 消灭, 扑灭; 根除		
forefront	n. 最前沿		
roll out	推出(新产品或服务)		
trap	v. 使陷入困境		

#### **Proper names**

	Floper names
Ban Ki-moon	潘基文
Central African Republic	中非共和国
Human Rights Watch	人权观察(非政府国际组织)
International Human Rights Day	国际人权日(12月10日)
Malala Yousafzai	玛拉拉·尤苏芙札(巴基斯坦学生,因争取妇女接受教育的 权利而闻名)
Moroccan	adj. 摩洛哥的
Pakistani	adj. 巴基斯坦的
Rights Up Front	权利在先行动计划
Syria	叙利亚共和国
the Vienna Declaration	《维也纳宣言》
U.N. Assistant	联合国助理秘书长
Secretary-General	<b></b>
U.N. Secretary-General	联合国秘书长

### **T**ask 1: Watch a TV news report on U.N. International Human Rights Day and check the statements that are true.

- 1. It is simple for every child to go to school nowadays.
- 2. The Vienna Declaration was signed in 1993.
- 3. The Vienna Declaration did not protect or promote human rights.
- 4. It is governments that should be responsible for protecting human rights.
- 5. The United Nations is honoring two rights defenders on International Human Rights Day.

**T**ask 2: Listen to the news again and identify the persons mentioned in the news. Match each name in Column I with a description (such as what they do or say) in Column II.

Column I	Column II		
1. Ivan Simonovic	A. "If we act timely, we might be able to		
	prevent human rights abuses."		
	B. Human Rights Watch		
2. Ban Ki-moon	C. "Nowhere should teachers fear to teach or		
	children fear to learn."		
	D. He visited the Central African Republic.		
3. Malala Yousafzai	E. "The Vienna Declaration was a game		
	changer."		
F. An education activist			
4. Philippe Bolopion	G. "It is the governments themselves who are		
	responsible for very serious abuses against		
	their population."		

### Text 2 \*

## **Beckham visits China**



#### **Proper names**

Chinese Super League	中国超级足球联赛
the Workers Stadium	北京工人体育场

**T**ask 1: Listen to the headline of a news report. Write down the main idea of the news.

#### Main idea: \_\_\_

**T**ask 2: Watch the video clip and complete the following sentences.

- Beckham received \_\_\_\_\_\_ by Chinese fans at the airport.
   As a football ambassador, Beckham needs \_\_\_\_\_\_ the Chinese Super League to the world, \_\_\_\_\_\_ of the game within the country itself and \_\_\_\_\_\_.
   Professional football in China is celebrating \_\_\_\_\_\_.
   Beckham will \_\_\_\_\_\_, and \_\_\_\_\_\_.
  - within two days in Beijing.
- 5. Beckham will spend four days in touring the cities such as \_\_\_\_\_\_ and \_\_\_\_\_\_.

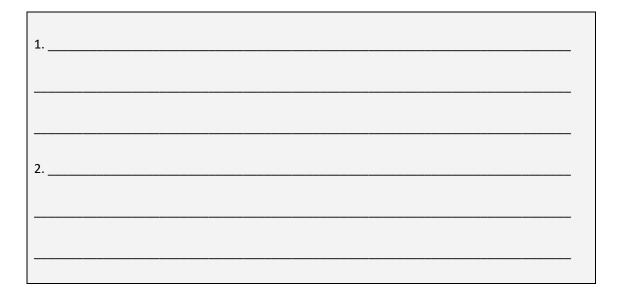
## Text 3

## **Advertisements**



**T**ask 1: Discussion: Do advertisements have an impact on your choice of goods?

**T**ask 2: Dictation. You'll hear two very short paragraphs about advertising. Each will be read three times. Write down what you've heard.



#### **C**Task 3: Listen to a store advertisement and answer the following questions.

1. A) American Village	C) Americar	n Vision	
B) American Image	D) Americaı	n Idol	
2. A) 8:00 a.m.	B) 6:00 a.m.	C) 9:00 a.m.	D) 5:30 a.m.
3. A) Friday	B) Saturday	C) Sunday	D) Monday
4. A) \$90	B) \$80	C) \$70	D) \$100

#### **Task 4: Listen to the following advertisement twice.**

Vocabulary			
crumb	n. 碎屑		
stain	n. 污迹		
throw in	额外奉送		
trail	n. 一连串		

#### During the first time answer Questions 1-4.

1. Who is speaking in the commercial advertisement?

2. What is the regular cost of the service?

3. How much discount can the customers receive if they call now?

4. What is the store's phone number?

#### Listen again to fill in Gaps 5-8.

---Why does the speaker take a real beating from the owner's family every day?

The kids 5)	all over me, the dog 6)	of fur
balls everywhere. You 7)	the other day whil	e entertaining guests,
and your husband 8)	potato chip crumbs from	the sofa to the kitchen

last night while watching the football game.

## PART THREE SPEAKING

**T**ask 1: Watch a short video clip and complete the news summary.

Vocabulary				
credibility	n. 可信性; 确实性			

interpersonal	adj. 人际的,人与人之间的
portal website	门户网站
relay	v. 转播; 分程传递
surge	n. 剧增

Summary:

The news report is about \_



#### Task 2: Group discussion on the issue "Influence of social media on our life".

Form into groups of three or four. Each group will choose a moderator to lead the discussion and take notes of the positive and negative effects of social media on our life. The moderator will report the results to the rest of the class.

# PART FOUR FORMAL DISCUSSION BOX

●Task: Watch a video clip of a PSA (公益广告) on depression made by WHO, and then design a PSA in groups.

Would you like to make a PSA? If yes, what theme would you discuss in the ad.? Get into groups of four. Each group will create a PSA, and then act it out in front of the class.

#### Tips on how to do a formal discussion

Devices for involving others in a discussion What do you think, James? You're very quiet, Bob. Let's see what Dick's opinion is. Collin's looking skeptical. I think Nigel knows more about this than I do.

#### Summarizing

In summary, ... / To sum up, ... / To summarize, ... To conclude, ... / In conclusion, ... So as we have seen, ... In short / Briefly, ... In all, ... On the whole, ... In a nutshell, ...

## PART FIVE HOMEWORK

#### **Task 1: Listen to a news report and fill in the blanks.**

Doctors at Mumbai's Sion hospital say dozens of patients arrived at the casualty ward complaining of \_\_\_\_1\_\_\_, vomiting and headaches. The vast majority were children from one of Mumbai's largest \_\_\_\_2\_\_\_, Dharavi. Most are in a \_\_\_\_3\_\_\_ condition. It's believed they developed \_\_\_\_4\_\_\_ colored powders they were throwing. Across the country, millions of people from \_\_\_\_5\_\_\_ smear and cover themselves from head to toe in bright paints and powders as is custom for Holi. But there has been concern for some time that some of the \_\_\_\_\_6\_\_\_-produced dyes, which are cheap to buy, contain harmful \_\_\_\_7\_\_\_ chemicals which can lead to serious skin and breathing problems. There has been a \_\_\_\_\_8\_\_\_ in recent years to encourage more \_\_\_\_9\_\_\_ to use \_\_\_\_10\_\_\_\_ and environmentally-friendly dyes to avoid health risks.

**T**ask 2: Listen to the following commercials. Circle the letter of the product each advertises. Then listen to the next part of the ad. It gives you the correct answer.

Maaabulamu

	bacon n. 熏咸肉	
	mileage n. 里程数	
	sedan n. 轿车	
1. A) soup	<ul><li>B) breakfast cereal</li></ul>	C) vitamins
2. A) bank	B) sleeping pills	C) telephone company
3. A) baby products	B) a used car	C) a new car
4. A) breakfast food	B) TV magazine	C) sleeping pills
5. A) a magazine	B) a TV drama	C) a news program

#### **Task 3: Group discussion.**

Find three partners to work with. Organize a discussion on the following topic to see whether you can agree with each other.

**Topic:** Recently, many foreign TV programs have been introduced to China. Some people think that these borrowed works add new elements to Chinese TV programs while others maintain that they do harm to the innovativeness of Chinese ones. What is your opinion?

# **UNIT 8 ENVIRONMENTAL PROTECTION**



#### In this unit, you are expected to learn

- 1) how to listen for details
- 2) how to lead a formal discussion
- 3) how to read mispronounced nouns

# PART ONE WARMING UP

**Task:** Pollution.

- 1) Could you name several major types of pollution?
- 2) Which environmental hazard concerns you most? Why?

## PART TWO LISTENING

Text 1

Home (Part 1)



Vocabulary							
accentuate	accentuate v. 加强 inconceivable						
carbon dioxide	二氧化碳	Maldives	n. 马尔代夫				
deforestation	n. 采伐森林	methane	n. 甲烷,沼气				
disrupt	v. 破坏	molecule	n. 分子				
ecosystem	n. 生态系统	penetrate	v. 穿透				
estuary	n. 河口	permafrost	n. 永久冻结带				
gigantic	adj. 巨大的	repercussion	n. 反响				
ice cap	冰帽	sunbeam	n. 阳光				

#### **Task 1: Listen and answer the following questions.**

- 1) What examples of human activities are given in the video that emit excessive carbon dioxide into the atmosphere?
- 2) Where are the effects of global warming most visible?
- 3) How does the melting ice help accelerate global warming?

#### **Task 2: Supply the missing numbers.**

- 1) It is estimated that \_\_\_\_\_\_ of the Earth's species could face extinction by 2050.
- Around the North Pole, \_\_\_\_\_\_ of the surface area of the ice cap has been lost in 30 years.
- 3) Greenland's ice contains \_\_\_\_\_\_ of the earth's freshwater.
- 4) Sea levels have risen by \_\_\_\_\_ in the past century alone.
- 5) Of the 15 biggest cities, \_\_\_\_\_\_ stand on a coastline or river estuary.

#### **T**ask 3: Decide whether the following statements are true or false.

- 1) ( ) So far, man knows almost nothing about methane, a greenhouse gas much more powerful than carbon dioxide.
- 2) ( ) Man can almost foresee what it will be like when methane in the permafrost area is released into the air.
- 3) ( ) If no changes are made about the earth's environment in 10 years, the world will come to an end.
- 4) ( ) Man has disrupted the links that connect everything on earth.

## Text 2

## Home (Part 2)



Vocabulary						
Costa Rica	哥斯达尼加	logging	n. 伐木			
devastate	v. 毁坏	mandatory	adj. 强制的			
drill	v. 钻孔	moderation	n. 适度,节制			
eco-friendly	adj. 生态友好型的	Mumbai	n. 孟买			
Gabon	加蓬(非洲国家)	reforestation	n. 重新造林			
generating plant	发电厂	regenerate	v. 再生,新生			
hectare	n. 公顷	windmill	n. 风车			
inexhaustible	adj. 无穷无尽的					

**T**ask: Watch another part from the movie "Home" and match the countries with the methods of environmental protection.

Countries		Env	Environmental protection methods		
1.	South Korea	Α.	power supply from windmills		
2.	Costa Rica	В.	prioritizing renewable energy		
			development		
3.	Gabon	C.	national reforestation program		
4.	Germany	D.	electricity from geothermal power		
5.	New Zealand, Iceland, Austria, Sweden	Ε.	selective logging		
6.	Denmark	F.	conservation over military spending		
7.	Iceland	G.	world's first eco-friendly district		

1-() 2-() 3-() 4-() 5-() 6-() 7-()

# PART THREE SPEAKING

**C**Task: Watch the Earth Hour video and form groups of four or five to discuss the following topics.

The Earth Hour, initiated by World Wide Fund for Nature (WWF) in 2007, unites the

whole world on the last Saturday of March to save energy and reduce carbon emission. People across the world volunteer to turn off non-essential lights - unnecessary neon signs and decorative lights, TV sets and other electronic devices - for one hour.

WWF's goal is to help shift the world to a low-carbon economy to reduce global warming. As WWF says, Earth Hour is a reminder to us that planet Earth is our home and we should reduce the impact of our energy system on that planet.

Billions of people in more than 130 countries are expected to turn off their lights on Saturday evening to signify their fight against climate change, which is happening faster than predicted. People in China, too, observe Earth Hour.

What can we do during Earth Hour? Maybe, we can spend the hour gazing the moon and the stars or at a torch-lit party, or walk in to one of the many restaurants that offer special candle-lit dinners. Or use the hour to meditate or do a bit of soul-searching.



- 1. Will you switch off to observe Earth Hour?
- 2. Does Earth Hour make any difference in saving energy on the earth?
- 3. How will you go beyond the Hour? (What can we do to help protect the water, the air, the natural resources, etc.?)

	Word bank					
环保:	environmental protection 环境	污染:	pollute= contaminate v. 污染			
	保护		pollution=contamination n. 污染			
	environmentally-friendly adj. 环		pollutant n. 污染物			
	保的					
	preserve v. 保护,保存					
燃料:	non-renewable adj. 不可再生	危害植物:	vegetation n. 植被			
	的		deforestation n. 采伐森林			
	fossil fuels 矿石燃料		landslide n. 山体滑坡			
	natural gas 天然气	危害动物:	poaching n. 非法打猎,盗猎			
	coal n. 煤炭		damage natural habitat 破坏自然栖			
	petroleum n. 石油		息地			
	limited/finite natural resources		rare breed 稀有物种			
	有限的自然资源		endangered species 濒危物种			
	alternative energy 替代能源		extinct adj. 灭绝的			
	replace=substitute v. 取代		animal rights activist 动物权益保护			

	wind power 风力		者
	hydropower 水电		
	solar power 太阳能		protect wild life 保护野生动物
	nuclear power 核能		disastrous adj. 灾难性的
	radioactivity n. 辐射性		devastation adj. 破坏
	use up, deplete, exhaust v. 用		have disastrous effect on 对有
	光,耗尽		灾难性的影响
	conserve v. 节省,节约		
	consume less 少消耗		
垃圾	rubbish, garbage, trash, waste,	危害环境:	carbon dioxide 二氧化碳
及其	litter n. 垃圾		exhaust n. 废气,排气
处理:	landfill n. 垃圾场		acid rain 酸雨
处理:	dispose of 处理		erode v. 腐蚀
	burn v. 焚烧		greenhouse effect 温室效应
	bury v. 掩埋		worsen, deteriorate v. 恶化
	dump v. 倾倒		global warming 全球变暖
	recycle v. 回收		
	plastic bag 塑料袋		ecological system=ecosystem 生态系 统
			/ -
	drinking can 饮料罐		green belt 绿化带
	biodegradable packaging 可降		sand storm 沙尘暴
	解包装		
	throwaway adj. 一次性的		
	disposable adj. 可丢弃的		
	discourage v. 不鼓励		

# PART FOUR MISPRONOUNCED NOUN BOX

Do say	Don't say	Do say	Don't say
aisle	ai-sle	foliage	foilage
Antarctic	Antartic	height	hate
Arctic	Artic	hierarchy	hi-archy
athlete	athelete	interpret	interpretate
beard	bread	island	iceland
candidate	cannidate	jewelry	jewlery
Chicago	Chi(as in "chick") -cago	library	libary
Christmas	chis-t-mas	miniature	miniture
clothes	close / closes	prescription	perscription
colleague	college	picture	pit-cher
cupboard	cup-board	pollute	plute
David	Da(as in "dad") -vid	probably	probly
debut	debu-t	pronunciation	pronounciation
depot	depo-t	receipt	recei-p-t
dessert	desert	sandwich	sand-wich

dog eat dog world	doggy dog world	suite	suit
e'conomist	eco'nomist	species	specials
espresso	expresso	sword	s-word
et cetera	excetera	'television	tele'vision
February	Febyuary	utmost	upmost

## PART FIVE HOMEWORK

**T**ask 1: Listen to the passage and choose the right answer to each question you hear.

- 1. A) How much paper we are wasting in a year.
  - B) How many trees we cut down to make paper in a year.
  - C) How many old books we throw away in a year.
  - D) How much paper an average person uses in a year.
- 2. A) 8.5 million tons.
  - B) 90 million tons.
  - C) Enough to fill up a two-story house.
  - D) Enough to build a pile as high as a two-story house.
- 3. A) Forests will disappear at an alarming rate of 90 million trees per year.
  - B) There will be no more trees for children in 50 years.
  - C) There will soon be no more trees to produce paper products.
  - D) A large amount of paper will have to be imported from abroad)
- 4. A) To urge everyone to use less paper.
  - B) To find replacements for wood to make paper.
  - C) To establish laws to limit the number of trees to be cut down for industrial use.
  - D) To raise the price of paper so as to limit the consumption of paper.
- 5. A) Britain consumes more paper than any other country in the world)
  - B) Paper-making industry is to blame for polluting the world's environment.
  - C) Developed countries should take the lead in saving paper.
  - D) Forests are easy to destroy but hard to restore.

# **T**ask 2: Listen to the passage again and write down your answer to each of the following questions.

- 1. How can we solve the problem of wasting paper?
- 2. What can we benefit from second-hand book sales?

**Task 3:** Retell the passage "Use less paper!" in your own words. You may want to use the following questions as a guideline.

- 1) Why do people tend to waste paper?
- 2) How much paper does an average person use every year?
- 3) What harmful effect does it have on the environment?
- 4) What's the annual consumption of paper in Britain?
- 5) How many trees are required to produce such an amount of paper?
- 6) What will happen if we continue to use paper at the present rate?
- 7) What can we do to save paper?

# **UNIT 9 HEROES**

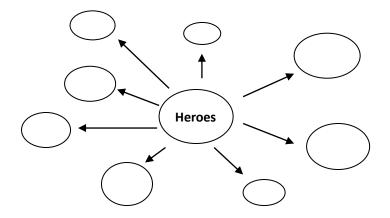


In this unit, you are expected to learn how to make contrasts or comparisons

# PART ONE WARMING UP

**Task:** Qualities of a hero.

Who are the heroes or heroines that first come into your mind? What qualities do your heroes or heroines have? Fill in the mind map below with the qualities you can think of. Present these qualities to your partner.



# PART TWO LISTENING

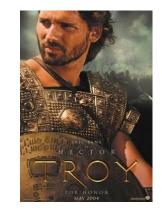
Text 1 The Trojan heroes

Cultural Notes		
The Trojan War	Described in The Iliad, one of the two epic poems attributed to Homer.	
	(The other one is named The Odyssey.)	
Achilles	Son of Thetis, a sea goddess and Peleus, King of Phthia. Half-immortal and	
	half-mortal. The greatest warrior of the Greece.	
Hector	Prince of Troy. Elder brother of Paris. The greatest warrior of Troy	
the Homeric hero	Personal honor was vital to the Homeric hero, who believed that men had	
	to stand together in battle; men had to respect each other; and they had	
	to refrain from excessive cruelty.	

## **T**ask 1: Listen to the story of the Trojan War, and complete the chart.

	Vocabulary
assemble	<b>v</b> . 集结(军队)
raze	v. 铲平
resort to	求助于
seduce	v. 引诱
siege	v. 包围,围困
spirit away	使神秘失踪
trickery	n. 计谋
Trojan	n.&adj. 特洛伊人/的
Troy	n. 特洛伊





What is the cause of the war?	
Who fights against Troy?	
Who is their commander in chief?	
How long does the war last?	
Who wins at last, and how?	

# $\ensuremath{\textcircled{}}$ Task 2: Watch the video clips taken from the film "Troy", and answer the questions.

		Vocabulary	
Apollo	n. 太阳神	menacing	adj. 危险的
assemble	v. 集结 (军队)	Myrmidons	n. 追随阿基里斯的勇士
code	n. 原则	patron	n. 保护神

immortality	n. 不朽,永生	priest	n. 神父,牧师
-------------	----------	--------	----------

#### Questions 1-2 are based on the video clips you've just watched.

1. What was the code of Hector?

 	-
 	_
 	-

2. What did Achilles pursue in this war? Why didn't he kill Hector in Apollo's Temple?

**T**ask 3: Compare and contrast the two heroes in the Trojan War: Achilles & Hector. Discuss with your partner on the similarities and differences between them.

Similarities:

Differences:

Text 2 Our five favorite Marvel movie superheroes \*\*



**Marvel heroes** refer to the characters in Marvel comics and movies owned by the Walt Disney Company, including such well-known superheroes as Spider-Man, Iron Man, Captain America, Wolverine, Thor, Hulk, and such teams as the Avengers, the Guardians of the Galaxy, the Fantastic Four, the X-Men.

Vocabulary				
bravado	n. 虚张声势	prey on	猎食,以为食	
composure	n. 镇定	protagonist	n. 主角	
indestructible	adj. 不可摧毁的	sarcasm	n. 讥讽	
narcissistic	adj. 自恋的	sequel	n. 续集	
mutant	n. 突变体,变种生物	streak	n. 特征	
omnipresent	adj. 无所不在的	trilogy	n. 三部曲	
phenomenal	adj. 异常现象的	vampire	n. 吸血鬼	
Han Solo-esque	adj. 具有 Han Solo 气质的	(Han Solo is a characte	r in the Star Wars story)	

**T**ask 1: Watch the video clip, and fill in the chart with the names of the five favorite Marvel movie superheroes. Then match them with the names of their actors.

	Superheroes
1	
2	
3	
4	
5	

Actors
A) Patrick Stewart
B) Robert Downey, Jr.
C) Chris Pratt
D) Wesley Snipes
E) Hugh Jackman

**T**ask 2: Watch the video clip again, and take notes on the reasons why these characters are loved by the audience.

Hero 1	
Hero 2	
Hero 3	

Hero 4	
Hero 5	

### Text 3 CNN heroes \*



Vocabulary			
Cavite	加维特(菲律宾西南部海军基地)		
co-volunteer	n. 志愿者伙伴		
Efren Peñaflorida	埃弗伦·佩尼亚弗洛里达		
extraordinary	adj. 杰出的		
honoree	n. 获奖者		
Kodak Theater	柯达剧院		
nominee	n. 被提名者		
pay tribute	赞美, 致意		
tapestry	n. 丰富多彩的画面, 挂毯		
unleash	v. 释放		

#### **◯**Task 1: Watch the video clip and check [v] the true statements.

- 1. Hollywood stars are nominated CNN heroes.
- 2. The winner this year was granted 100,000 dollars.
- 3. The woman who sings in the video clip was one of the honorees.
- 4. The winner was a social worker and educator in the Philippines.
- 5. According to the winner, everybody can be a hero.

#### **T**ask 2: Listen to some parts of the text again, and answer the questions.

- 1. Who are CNN heroes, and how are they nominated?
- 2. Where was the Award Presentation held?
- 3. How many votes were received?
- 4. Who won the Award, and what did he do?

5. How much grant was the winner awarded, and how much did the other honorees receive?

6. What did the speaker call on people to do?

## PART THREE SPEAKING

#### **Task 1: Who is your hero?**

There are many different kinds of heroes. Some heroes have supernatural powers; some are extremely intelligent; others sacrifice themselves for the others. Work in pairs. Describe who your hero is, and give reasons.

#### **Task 2: Is there a hero in you?**

Listen to Maria Carey's song -- "Hero", and fill in the blanks in the lyric. Do you believe that there is a hero in each of us? Share your opinion with your partner, and describe the most heroic deeds you did if there was any.

There's a hero

If you look inside your heart	It's a long road
You don't have to be (1) of what you	When you face the world alone
are	No one (7)out a hand
There's an (2)	For you to hold you can find love
If you reach into your soul	If you search within yourself
And the (3) that you know will	And the (8) you felt
melt away	Will disappear
And then a hero comes along	Lord knows
With the (4) to carry on	(9)are hard to follow
And you cast your fears aside	But don't let anyone
And you know you can (5)	(10)them away
So when you feel like hope is gone	There will be tomorrow
Look inside you and be strong	In time
And you'll finally see the (6)	You'll find the way
That a hero lies in you	And then a hero comes along

# PART FOUR COMPARISON AND CONTRAST BOX

**T**ask: Compare and contrast the three types of heroes in Part II: Homeric heroes, Marvel heroes, and CNN heroes. What are the similarities and differences among them?

#### Tips on talking about differences/similarities

Asking about differences and similarities

1. Is there a difference between... and...?

2. What are the differences between... and...?

3. What are the similarities between... and ...?

4. How do...differ?

5. How are... similar?

#### **Giving differences and similarities**

- 1. There are striking differences between...
- 2. There are striking similarities between...
- 3. In contrast...
- 4. On the one hand... On the other hand
- 5. Similarly...
- 6. ... are the same.
- 7. They are quite similar in structure despite their obvious differences in length.

8. An essay, too, has a concluding paragraph.

- 9. They have a lot in common.
- 10. There is a big difference...
- 11. But you can pay for things with checks if you have a checking account.

12. A dictionary gives you definitions of words, while an encyclopedia contains factual information of a variety of types.

13. A checking account is more convenient, whereas a savings account is more economical.

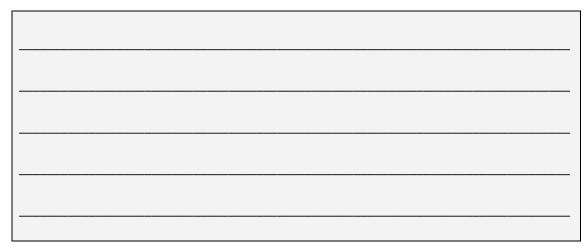
- 14. No, they are different.
- 15. They are similar.
- 16. They are both...

## PART FIVE HOMEWORK

**○**Task 1: Watch the video clip taken from the movie "Spiderman", and generalize the characteristics that a hero is expected to have according to Mrs. Parker's description.



Vocabulary		
comic book	连环画	
dam	n. 水坝	
dreadful	adj. 糟糕的,讨厌的	
glimpse	n. 一瞥,一看	
mixer	n. 搅拌机	
self-sacrificing	adj. 牺牲自我的	
strain	v. (用力过度而)损伤	



**T**ask 2: Listen to a news report – "A post-90s hero", and fill in the blanks.



Spend every minute (1) \_\_\_\_\_\_\_ for the most important exam of your life, or take some of that time to save someone else's life – which would you choose? Zhang Wenchi, a 19-year-old student of Hubei Xiangyang No. 1 High School, (2) \_\_\_\_\_\_ the second one without a second (3) \_\_\_\_\_\_. On March 26, Zhang (4) \_\_\_\_\_\_ bone marrow at the Navy General Hospital of Beijing. He is the youngest and the first high school student to do it. Last April, Zhang became a blood donor on his 18th birthday. He also joined the China Marrow Donor Program that day. Four months later, his bone marrow was chosen as a (5) \_\_\_\_\_\_ for a

four-year-old Leukemia patient. Zhang was studying for the national College (6)			
exam when the call from the Chinese Bone Marrow Donors came. He found out that the (7)			
could not wait, or things might get worse. With the support of his family and			
school, Zhang (8) at the hospital in Beijing the very next day. "(9)			
" Zhang said.			
The transplant operation was a success. Zhang is in good health now, and has come back to school. Zhang said now the most important task was the exam. (10)			

**T**ask 3: Prepare a presentation on a historical figure in Chinese history that you think is a hero.

# **UNIT 10 WEATHER**



#### In this unit, you are expected to learn

- 1) about the differences between American and British pronunciations
- 2) how to express weather conditions

# PART ONE WARMING UP

**T**ask: Weather conditions. Go through the chart and provide Chinese equivalents for the weather vocabulary.

alert 警报	frost 霜	school closing 停课
avalanche	high 最高温度	shower
cast 天气预报	humid 湿润	sleet 雨夹雪
chilly 寒冷	hurricane	snowflake 雪花
clear	landslide 泥石流	southeaster 东南风
cold front 冷峰	lift 消散	southwester 西南风
drop(温度)下降	low 最低温度	temperature 温度
east wind 东风	moisture 水蒸气	thunderstorm
five-day forecast 五日天气预报	mountainous area 山区	tornado 龙卷风
flurry 阵风	northeaster	tsunami
forecast 天气预报	northwester 西北风	typhoon 台风
freezing rain 冻雨	precipitation 降雨	warm front 暖锋
freezing	rainstorm 暴雨	

# PART TWO LISTENING

Text 1

Snowstorm blasts eastern U.S.



Vocabulary		
aluminum roof	铝顶棚	
brace (oneself) for	做好防备	
bringto a halt	停止(某行为)	
curtailing operation限制举措		
discretion	n. 慎重,谨慎	
slippery	adj. 滑的	
snowplow	n. 雪犁,扫雪车	
the Appalachians	(美国) 阿巴拉契亚山脉	
trying	adj. 困难的,磨练人的	
wallop	n. 猛击, 重击	

**T**ask 1: Watch the news report and answer the following questions.

- 1. Where does the storm fall and what is the effect of the storm according to the anchor (新闻 节目主持人)?
- 2. What are the states and cities mentioned that suffered from the snowstorm in the news report?
- 3. What measures have been taken to cope with the storm from the government and local people?
- 4. What will happen to the storm? Will it be over soon? How do you know?

#### **C**Task 2: Fill in the blanks with the words you hear.

1. It is very \_\_\_\_\_\_, it is also very inconvenient and very expensive, but we're dealing

with it.

2. As the storm \_\_\_\_\_\_, Boston stores were full of shoppers buying last-minute storm

supplies.

- 3. Rhode Island was bracing for up to \_\_\_\_\_\_ inches of snow.
- 4. The Connecticut Department of Transportation had all 632 of its trucks on snowplow

. And it also had to call in private contractors to help clear the roads.

- 5. Pennsylvania expects to use a record amount of road salt this \_\_\_\_\_\_.
- 6. New York City officials said the storm would cost the city \_\_\_\_\_\_dollars.
- 7. The nation's \_\_\_\_\_ was largely shut down.

#### **T**ask 3: Listen to one part of the text again and pay attention to liaisons and the rhythm.

As the storm started, Boston stores were full of shoppers buying last-minute storm supplies. Rhode Island was bracing for up to 20 inches of snow. The Connecticut Department of Transportation had all 632 of its trucks on snowplow duty. And it also had to call in private contractors to help clear the roads. Many states were already running over their snow removal budgets. Pennsylvania expects to use a record amount of road salt this winter. New York City officials said the storm would cost the city 20 million dollars. The snow was too heavy for an aluminum roof by a job training school, Edison, New Jersey. The roof collapsed, causing one death and four injuries. Maryland state troopers were patrolling in Humvees, and the governor asked citizens to stay home.

#### **C**Task 4: Watch the video clip again and fill in the blanks with the words you've heard.

#### (Anchor)

Record snow falls on the eastern United States, bringing planes, trains and automobiles to a halt. The storm is blamed for at least 24 deaths since the weekend, and more snow is **1**.

\_\_\_\_\_. Correspondent Darren Cagen has more.

#### (Darren Cagen, CNN Correspondent)

It was a classic Northeaster, moving through the Ohio Valley and the Appalachians, and then landing with a wallop in major East Coast cities.

(Michael Bloomberg, New York Mayor)

It is very pretty, it is also very inconvenient and very expensive, but we're dealing with it. (*Cagen*)

Not a bad day perhaps for walking the dog, but for trying to **2**. \_\_\_\_\_, a trying day indeed.

(Unidentified Male)

It's cold, slippery, I can't drive to work, the trains are slow, the buses are slow. I don't know, I hope this ends up real quick.

#### (Cagen)

 New Jersey. The roof collapsed, causing **6**.\_\_\_\_\_\_. Maryland state troopers were patrolling in Humvees, and the governor asked citizens to stay home. *(Robert Ehrlich, Maryland Governor)* 

We would ask everybody to really use their discretion, use their good common sense and stay off the roads for the rest of today.

#### (Cagen)

The nation's capital was largely **7.** \_\_\_\_\_\_\_. Washington Mayor Anthony Williams said it could **8.** \_\_\_\_\_\_\_\_ to three days to clear some of the streets. The storm's sting was felt as far south as the Carolinas, where ice and snow made travel dangerous and **9.** \_\_\_\_\_\_\_. And with major northeastern airports closing, or severely curtailing operations, the storm had an impact across the entire country. Travelers **10.** \_\_\_\_\_\_\_ as far south as Florida. In all, it's one of the worst storms to hit the region in years, and as the people of New England can tell you, it's still not over. Darren Cagen, CNN New York.

#### Text 2

#### Weather in Toronto



Vocabulary			
advisory	n. 报告(多指气象方面的)		
enclosure	n. 围绕,包围		
Fraser	n. 弗雷则河(加拿大西南部河流)		
gust	n. 阵风; 狂风		
habitat	n. 栖息地		
humidex	n. 酷热指数; 湿润指数		
maritime	n. 沿海省份;沿海地区		
Ontario	n. 安大略省(加拿大中东部)		
peak	vi. 达到最高点		
Pearson	n. (加拿大多伦多)皮尔逊国际机		
	场(Pearson International Airport)		
priority	n. 优先,重点		
snowy owl	雪鸮(一种白天出没的大型猫头鹰,		
	生长在 (亚) 北极地区, 羽毛雪白		
	并带有黑色斑点)		
strenuous	adj. 紧张的,雷人的		
Thunder Bay	桑德贝(加拿大南部港口城市)		

#### **T**ask 1: Watch the TV news broadcast and tell if the following statements are true or false.

1. When it's too hot and humid, people are recommended to drink a lot of water, stay in the buildings with air conditioners, and have enough sleep.

2. According to Allen Nauss, parents should protect their children from danger by sitting on the

side carefully watching them playing in the water.

3. The extra steps Toronto Zoo is taking to keep animals comfortable include providing indoor enclosures for animals to escape the heat and feeding them ice strips.

4. The thunderstorms mentioned in the video have made more than 3,000 people homeless.

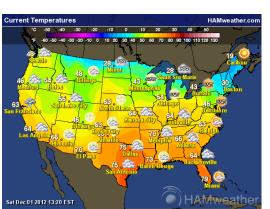
5. It is unlikely that the general water levels will decline right through the weekend.

# **T**ask 2: Listen to the sentences from the news again and fill in the blanks with the exact words you have heard.

1.	And I'll have more details on that
2.	Never let them any farther than an
3.	Most will naturally usebut they'll also have access
	to indoor enclosures to escape the heat, and ice treats are
4.	A line of thunderstorms yesterday evening.
5.	Some people could end up
	more than a thousand kilometers from
	home.
6.	There may still be in the levels as the rainy system moves through the northern
	part of the river, but water levels are expected to
7.	Your will be coming up shortly.

### Text 3

### A weather forecast



#### Vocabulary

batch	n. 一批
drastically	ad. 激烈地,猛烈地
flurry	n. 阵风; 小雨; 小雪
Kentucky	n. 肯塔基州(美国中东部)
Manchester	n. 曼彻斯特镇(美国康涅狄
	格州中北部城镇)
Ohio	n. 俄亥俄州(美国中北部,
	位于五大湖区)
parade	n.&v. 游行
Pittsburgh	n. 匹兹堡(美国宾西法尼亚

	州西南部城市)	
slick	adj. 光滑的	
Steelers	n. 钢人队(匹兹堡的橄榄球	
	队)	
stick	v. 粘住	
wind chill	风寒指数	

**T**ask 1: Watch the video clip twice and complete the table below with the information you hear.

	Pittsburgh	East coastal cities	Ohio valley
Weather conditions			

#### **T**ask 2: Watch the weather forecast part of the video clip and imitate the meteorologist.

We had a couple of nice, warm days along the east coast, that means the ground is fairly dry and not much is going to stick, so it's pretty by this evening and many as far as in the northeast the roads could be slick. But focusing the radar on Pittsburgh, because that's where we have a little bit of parade going on to celebrate those Steelers. They do have some snows, some light flurries coming down. It doesn't look like much is happening right now. Temperatures are in the thirties so they are really seeing the same thing that much of the east coast is seeing. And it looks dry there right now, so much of we were seeing on the radar is not even hitting the ground. So good news for those folks and along the east coast we are dealing much of the same thing.

## PART THREE SPEAKING

**T**ask: Choose a story from the weather jokes below, and then retell it to your partner.

	B It was autumn, and the Indians on the remote reservation asked their
	new Chief if the winter was going to be cold or mild. Since he was a new
	Indian Chief in a modern society, he had never been taught the old secrets,
	and when he looked at the sky, he couldn't tell what the weather was
don't think I could stand another	going to be. Nevertheless, to be on the safe side, he replied to his tribe
now and tell them we accent!	that the winter was indeed going to be cold and that the members of the
caid " lump at it! Call them right	village should collect wood to be prepared. But also being a practical
" What do I think?" his mother	leader, after several days he got an idea. He went to the phone booth,
do vou think?"	called the National Weather Service and asked,
or disapprove of the agreement What	" Is the coming winter going to be cold?"
States We have the right to approve	" It looks like this winter is going to be quite cold indeed," the
our land is really part of the United	meteorologist at the weather service responded.
-	So the Chief went back to his people and told them to collect even more
agreement with the neonle in	wood in order to be prepared. A week later he called the National Weather
	Service again.
forme news Mom " he said " The	" Is it going to be a very cold winter?"
room holding a letter "I linst got	" Yes," the man at National Weather Service again replied, " it' s
One day her con came into her	going to be a very cold winter."
with her son and three grandchildren	The Chief again went back to his people and ordered them to collect
ninetieth hirthday lived on the farm	every scrap of wood they could find. Two weeks later he called the
Michaels who had inst celebrated her	National Weather Service again.
and Canada for generations Mrs	" Are you absolutely sure that the winter is going to be very cold?"
dispute between the United States	" Absolutely," the man replied. " It's going to be one of the coldest
had been the subiect of a minor	winters ever."
the North Dakota border. Their land	" How can you be so sure?" the Chief asked.
farm in Canada. iust vards away from	The weatherman replied, " The Indians are collecting wood like crazy!"
The Michaels family owned a small	

С

D	A small vessel is approaching the Weser river delta
	from the north sea. The fog is so dense that the captain
	sends a deckhand to the bow and reduces speed to
	dead slow ahead. " Can you see anything?" the
	captain shouts. " Not a tiny thing," is the answer from
	the bow. The captain lets the ship sly ahead at lowest
	speed, only hoping that the currents don' t set the
	ship off too far. " Still nothing in sight?" the captain
	asks. " Nothing at all!" is the reply. " Oh, now there
	seems to be something! It's almost ahead, just a bit to
	starboard (右舷)!" " Well, and what is it?" " I
	can' t tell! By now, it' s just a shadow! We need to
	close in a bit so I can see better!" Cautiously, they
	proceed and the captain turns the ship a little bit to
	starboard, decreasing the distance to that object.
	" Can you see it now?" - " Not really, it's still just a
	shadow!""Yes! It looks like a buoy (浮标)… oh yes,
	now I can recognize the shape, it is a buoy! Just close in
	a little bit more!"
	After a short moment: " What type of a buoy, can
	you see that?" " No, I can' t! Cannot distinguish its
	colors, see just a shadow in this fog! Go on closer! It' s
	still slightly to starboard!" Again, the captain turns the
	ship a bit and they continue dead slow ahead through
	that thick fog. " Now, what kind of buoy is it?" the
	captain shouts. "It's , uhm, it is "
	Rummms! They hit the ground. " Oh yes, now I can

done for nothing. green (almost white) at the bottom. The the color started losing its depth and when base paint, just thin it down with water." were about half finished they realized that Wal-Mart and bought enough paint for the weather-beaten. Finally they went to for the church exterior which was bare and preacher and his flock were standing on a top, light green in the middle and a very light they finally finished it was dark green at the They continued painting and thinning until they were going to run out of paint before morning to complete the job. When they job and all joined together on a Saturday months to get enough money to buy paint collections, baked cakes and washed cars for church in the hills of Tennessee took up preacher was in tears and the congregation with a deluge of rain which washed all of the cloud appeared and the heavens opened up finishing. The preacher said, "It's a water was stunned at all the hard work they had newly applied paint off the church. The nearby hill admiring their work when a dark A preacher and his flock at a very poor Just then there was a huge lightening flash

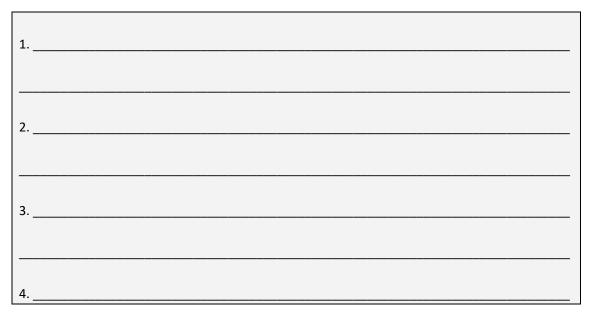
El Nino (厄尔尼诺现象) Humor	Е
An observant chap died one day and	
vas waiting in a very long line for	
udgment. He noticed that some people,	
ifter they went through the line, were	
ble to go through Heaven' s Gates.	
Others were lining up behind Satan who	
vas throwing most of them into the	
ternal fires of hell.	
Every once in a while, though, instead of	
ossing a poor soul into the fire, he would	
oss him/her to one side. After watching	
or hours, the fellow could not resist. He	
ave up his place in line and went over	
ind tapped Satan on the shoulder.	
" Excuse me, sir," he said. " I' m	
upposed to be in line for judgment, (he	
lidn' t want Satan to mistake him for	
omeone who had already been	
condemned to hell) but I couldn' t help	
out wonder why some of these people are	
being tossed aside instead of into the fires	
of hell?"	
" Oh," Satan said with a snicker.	
Those are Californians. These days	
hey're too wet to burn.	

## PART FOUR WEATHER REPORT BOX

**T**ask 1: Dictation. Listen and write down the five things that the audience expect from a weather forecast.

1	
2	
3	
4	
5	

**T**ask 2: Dictation. Watch again and write down the ten things that you might add to your forecast, to make it more interesting and meaningful.



5	 	
6	 	
7	 	
8	 	
9	 	
10	 	

## PART FIVE HOMEWORK

**T**ask 1: Watch the weather forecast, and fill in the weather expressions. Remember to write quickly.

It is going to be an interesting weather week. Starting with today, we are starting off with a **1**. \_\_\_\_\_\_\_\_ in the **2**.\_\_\_\_\_\_\_. But we are watching this area just south of **3**. \_\_\_\_\_\_\_. It's raining in **4**.\_\_\_\_\_\_\_ right now, as it starts to move a little bit closer to us. We'll see some more **5**.\_\_\_\_\_\_\_ before the morning is through. We're talking about **6**.\_\_\_\_\_\_\_, a larger picture here. We've got some **7**.\_\_\_\_\_\_ moving in from the west. You could see it all, kind of coming in slowly from west to east, but a break in the action right now, there's a little area of pink up there. That's in the high elevations in the mountains. That's where the **8**.\_\_\_\_\_\_\_ is very close to **9**.\_\_\_\_\_\_ or just below. And that's why a little bit **10**.\_\_\_\_\_\_\_ means a little bit frozen **11**.\_\_\_\_\_\_\_, some **12**.\_\_\_\_\_\_ or **13**.\_\_\_\_\_\_ probably, maybe even a few **14**.\_\_\_\_\_\_\_. So at the moment, we're OK. We're 40 degrees in **15**.\_\_\_\_\_\_\_, even when the **16**.

\_\_\_\_\_\_ comes back it will be in the form of **17.**\_\_\_\_\_. We'll track it with you all morning long.

#### **C**Task 2: Watch part of the forecast and imitate the meteorologist.

Here's the complicated 5-day forecast. We've had it for 50 degrees today. That's why we're calling for a rain event. 40 for a high on Wednesday. Temperatures can be dropping through the day. They're very chilly on Thursday and Friday. Could see a few morning flurries on Friday. And then some snow possible on Saturday morning, changing quickly over to rain, as we get to a high of 40 degrees. We're at 50 on Sunday. 53 on Monday.

# APPENDIX 1 NANJING UNIVERSITY <mark>WORDLIST</mark>

#### 说明:

- 1) 南京大学大学英语通用词汇分为 A 级词和 B 级词。
- 2) A级词为四级高频词、学术词,计 570 个核心词(3 711 个派生词)。
- 3) B级词为四级次高频词,计1222个核心词(4900个派生词)。
- 4) 分级考试、期末考试分别测 15 道 A 级词填空题、12 道 B 级词选择题。
- 5) 本词表从发布之日起开始执行。

#### A 级词(570)

analogy 类似;类推

abandon 放弃; 抛弃 abstract 抽象的; 摘要 academy 研究院; 学院; <mark>学会</mark> access 接近;入口 accommodate 容纳;给... 提供住宿; 使适应 accompany 陪伴; 伴随 accumulate 积累 accurate 准确的 achieve 完成; 取得 acknowledge 承认; 致谢 acquire 获得 adapt 使适应; 改编 adequate 足够的 adjacent 毗连的 adjust 调整 administer 管理 adult 成年人 advocate 拥护者; 拥护 affect 影响 aggregate 总的;总计 aid 帮助 albeit 虽然 allocate 分派 alter 改变 alternative 替代物; 替代 的 ambiguous 模棱两可的 amend 修订

analyze 分析 annual 每年的;年鉴 anticipate 预料 apparent 明显的 append 附录 appreciate 欣赏; 感激 approach 靠近; 方法 <mark>appropriate 恰当的</mark> approximate 近似的 arbitrary 任意的; 专断的 area 面积; 地区; 领域 aspect 方面 assemble 集合;装配 assess 估价; 评价 assign 分派 assist 援助 assume 假设;认为;承担 assure 保证 attach 贴;附加 attain 达到;获得 attitude 态度 **attribute** 归结于; 性质 author 作者; 创始人 <mark>authority</mark> 当局,权威 automate 使自动化 available 可得到的 aware 意识到的 behalf 利益 benefit 利益; 津贴; 有益

**bias** 偏见 **bond** 纽带; 债券 brief 简短的 **bulk** 体积:大批 capable 能够的;有能力的 capacity 容量 category 种类; 范畴 cease 停止 challenge 挑战 <mark>channel 海峡;频道</mark> <mark>chapter 章</mark> chart 图表 **chemical** 化学的; 化学药 品 circumstance 情况 **cite** 引用 civil 公民的; 国内的 **clarify** 阐明 classic 名著; 经典的 clause 条款;从句 **code** 代码:法典 **coherent** 连贯的 coincide 相符 collapse 倒塌 colleague 同事 commence 开始 comment 评论 commission 委任; 委员会 commit 犯 commodity 日用品

communicate 交流 community 社区;界 compatible 兼容的 **compensate** 补偿 **compile** 编纂 **complement** 补充 **complex** 复杂的 component 组成部分 **compound** 化合物; 复合 词 **comprehensive** 综合的 **comprise** 构成 compute 计算 conceive 构思; 怀孕 concentrate 浓缩; 集中 concept 概念 **conclude** 下结论 concurrent 同时的 conduct 行为; 指挥 confer 授予; 协商 confine 限制 **confirm** 证实 **conflict** 冲突 conform 遵守; 符合 **consent** 同意 **consequent** 必然的 considerable 相当大的 consist 组成 constant 不断的 constitute 构成 **constrain** 限制; 强制 **construct** 建造 **consult** 咨询; 请教; 查阅 consume 消费; 消耗 contact 接触; 联系 **contemporary** 当代的;同 代人 **context** 上下文; 背景 contract 合同; 收缩 **contradict** 矛盾 **contrary** 相反的 contrast 对比 **contribute** 贡献;捐献; 投稿

controversy 争论 convene 召集 **converse** 相反的 convert 转化 **convince** 使信服 cooperate 合作 coordinate 协调 core 核心 **corporate** 公司的 **correspond** 通信; 对应 **couple** 夫妇; 两个 **create** 创造;产生 **credit** 信用; 学分; 功劳 **criteria** 标准 **crucial** 决定性的 <mark>culture</mark> 文化 **currency** 货币 cycle 骑自行车; 循环 data 数据 debate 辩论 decade 十年 **decline** 下倾;下降;谢绝; 下降 **deduce** 演绎 define 下定义;明确 definite 明确的 demonstrate 表明; 演示; 示威 denote 表示 deny 否定 depress 使沮丧 derive 起源 design 设计;图案 despite 尽管 detect 检测 deviate 偏离 device 装置;设计 devote 奉献;为...献身 differentiate 区分 dimension 尺寸; 维 diminish 减少 **discrete** 分离的 discriminate 区别; 歧视 displace 移置

display 展览;显示 dispose 处理 distinct 清晰的; 独特的 distort 歪曲 distribute 分布 diverse 多样的 **document** 文件 domain 领域; 域 domestic 国内的;家庭的 dominate 支配 draft 草稿; 通风; 起草 drama 戏剧 duration 持续时间 dynamic 有活力的 economy 经济;节约 edit 编辑 element 元素 eliminate 消除 emerge 出现 emphasis 强调 empirical 经验的 enable 使能够 encounter 遇到 energy 精力; 能量 enforce 实施 enhance 增强 enormous 巨大的;大量的 ensure 保证 entity 实体 environment 环境 equate 使相等; 使平等 equip 装备 equivalent 对等 erode 腐蚀 error 错误 establish 建立 estate 房地产 estimate 估计 <mark>ethic</mark> 伦理 ethnic 种族的 evaluate 评价 eventual 最后 evident 明显的 evolve 进化; 演变

exceed 超过 exclude 排除 exhibit 展览 expand 扩大 expert 专家; 熟练的 explicit 明晰的;详述的 **exploit** 剥削;利用 export 出口 expose 暴露; 揭露 external 外部的 extract 取出; 摘录 facilitate 使容易 factor 因素 feature 特征 federal 联邦的 fee 费 file 文件; 锉 final 最后的 finance 财政 finite 有限的 flexible 灵活的 fluctuate 波动 focus 集中; 焦点 format 格式 formula 公式 forthcoming 即将到来的 found 建立 foundation 建立; 基础; 基金会 framework 框架 function 功能; 函数 fund 资金 fundamental 基本的 furthermore 此外 gender 性别 generate 产生 <mark>generation 一代; 产生</mark> globe 地球 goal 球门; 目标 grade 等级;年级;成绩 grant 拨款; 助学金 guarantee 保证 guideline 方针 hence 因此

hierarchy 等级制度 highlight 精华; 强调 hypothesis 假设 identical 相同的 identify 识别 ideology 思想体系 ignorant 无知的 illustrate 举例说明; 图解 **image** 图像; 形象 immigrate 移民 impact 影响 implement 工具;执行 **implicate** 暗指 **implicit** 暗指 **imply** 暗指 impose 征收; 强加 incentive 刺激 **incidence** 发生 incline 斜坡; 使倾斜 income 收入 incorporate 合并 index 索引;指标 **indicate** 表明 individual 个人 induce 引起 inevitable 必然的 infer 推断 infrastructure 基础设施 inherent 固有的 inhibit 抑制 initial 最初的;词首的; 首字母 initiate 开始 injure 使受伤 innovate 创新 input 输入 insert 插入; 插页 **insight** 见识 **inspect** 视察 instance 例子 institute 研究所; 学院 **instruct** 教; 指示 integral 整体的; 整的 integrate 使结合

integrity 诚信; 完整 intelligent 聪明的 intense 强烈的 interact 相互作用 intermediate 中间的; 中 级的 internal 内部的 interpret 解释; 口译 interval 间隔 **intervene** 干预 **intrinsic** 内在的 invest 投资 investigate 调查 **invoke** 恳求 involve 牵涉 isolate 孤立 issue 问题;发行 **item** 项目 job 工作 journal 杂志; 日记 **justify** 证明 **label** 标签 labor 劳动 layer 层 **lecture** 讲课; 讲座 legal 合法的;法律的 legislate 立法 **levy** 征收 liberal 自由的;开明的 license 执照 likewise 同样地 link 连接;环节 locate 使位于; 找到 **logic** 逻辑 maintain 维持; 维修 major 主要的;专业 manipulate 操作 manual 体力的;手册 margin 页边 **mature** 成熟 maximize 使最大化 mechanism 装置;机制 media 媒体 mediate 调停

medical 医学的 **medium** 媒介; 中等的 mental 脑力的 **method** 方法 migrate 迁移 military 军事的 minimal 最小的 minimize 最小化 minimum 最小值 **ministry** 部 minor 次要的; 辅修专业 mode 模式 modify 修改;修饰 monitor 监视 motive 动机 mutual 相互的 negate 否定 network 网络 neutral 中立的 **nevertheless** 然而 **nonetheless** 然而 norm 标准 normal 正常的 notion 概念; 想法 notwithstanding 虽然 nuclear 核的;核心的 objective 客观的; 目标 obtain 获得 obvious 明显的 occupy 占领; 使忙碌 occur 出现 odd 奇数的; 奇怪的; 临 时的 offset 抵消 ongoing 进行中的 option 选择 orient 东方 outcome 结果 output 产量;产出 overall 总体的 overlap 重叠 overseas 海外 panel 专家小组; 面板 paradigm 范例

paragraph 段落 parallel 平行的 parameter 参数 participate 参加 partner 搭档 passive 被动的 perceive 察觉;理解 **percent** 百分之 **period** 时期; 句号 **persist** 持续 **perspective** 角度 phase 阶段 phenomenon 现象 philosophy 哲学 physical 身体的;物理的 plus 加 policy 政策 portion 部分 pose 摆姿势 positive 积极的; 阳性的 potential 潜在的; 潜力 practitioner 从业者 precede 先于 precise 精确的 predict 预测 predominant 主要的 preliminary 初步的;初赛 presume 假设 previous 先前的 primary 初级的; 主要的 prime 首要的 principal 主要的, 校长 **principle** 原则 **prior** 在先的 priority 优先; 重点 proceed 进行 process 过程;加工 professional 专业的;专业 人员 prohibit 禁止 **project** 工程 **promote** 促进;促销 **proportion** 比例 prospect 前景

**protocol** 协议;礼仪 psychology 心理学 publication 出版;出版物 publish 出版 purchase 购买 pursue 追赶;追求 qualitative 定性的 **quote** 引用 radical 基本的; 激进的 random 随机的 range 范围; 山脉 ratio 比 rational 理性的 react 反应 recover 恢复 refine 提炼 regime 政权 region 地区 register 登记; 挂号 regulate 调节 reinforce 加强 reject 拒绝 relax 放松 release 释放 relevant 有关的 reluctance 勉强 **rely** 依赖 remove 移走 require 要求 research 研究 **reside** 居住 resolve 解决;决心;决心 resource 资源 respond 响应 restore 恢复 **restrain** 抑制 restrict 限制 retain 保留 reveal 显示 revenue 收入;税收 **reverse** 背面; 颠倒 revise 修改 revolution 革命; 旋转 rigid 僵硬的:刻板的

role 角色 route 路线 scenario 剧本; 方案 schedule 时间表 scheme 方案 scope 范围 section 部分 sector 部门 secure 安全的 seek 试图 select 选择 sequence 顺序 series 系列 sex 性; 性别 shift 转换 significant 重要的 similar 相似的 simulate 模拟 site 地点 so-called 所谓的 sole 脚底; 鞋底; 唯一的 somewhat 有点 source 来源 specific 具体的 specify 详述 sphere 球体; 领域 stable 稳定的;马厩 statistic 统计的 status 地位 straightforward 坦率的 strategy 战略; 策略 stress 压力; 重音; 强调 structure 结构

**style** 风格 submit 使屈服; 提交 <mark>subordinate 下级的;从属</mark> 的 subsequent 随后的 <mark>subsidy</mark> 补助 substitute 代替者; 代替 successor 继任者 sufficient 足够的 sum 金额 summary 总结 supplement 补充 <mark>survey</mark> 调查 survive 幸存 suspend 暂停 sustain 保持 symbol 象征;符号 tape 磁带 target 靶子; 目标 task 任务 team 队 technical 技术的 technique 技巧 technology 技术 temporary 暂时的 tense 紧张的;时态 terminate 终止 text 文本 theme 主题 theory 理论 thereby 从而 thesis 论文 topic 话题

trace 痕迹 tradition 传统 transfer 转移; 换车 transform 转变 transit 通过;运输;过渡 transmit 输送 transport 运输 trend 趋势 trigger 扳机; 触发 ultimate 最终的 undergo 经受 underlie 是...的基础 **undertake** 从事 uniform 一致的;制服 <mark>unify 统一</mark> unique 独一无二的 **utilize** 利用 valid 有效的 vary 变化 <mark>vehicle</mark> 车辆 version 译文 via 经过 violate 违犯 virtual 实际上的;虚拟的 visible 可见的 vision 视力 visual 视觉的 <mark>volume 册; 音量; 体积</mark> voluntary 志愿的 welfare 福利 whereas 🔟 whereby 由此 widespread 普遍的

#### B级词(1222)

abolition 废除 abundance 丰富 accord 一致 according 根据(后跟 to) accountable 应负责的 ace (扑克牌里的)A; 佼 佼者 adjective 形容词 adverb 副词 advocacy 提倡 aerial 空中的 aeroplane 飞机 affluence 富裕 affluent 富裕的 aggression 侵略 air-conditioner 空调 air-conditioning 空调 aisle 过道 alert 警惕的;警报 allege 声称 alliance 联盟 ally 盟友 ambitious 有雄心的 amid 在...当中 amidst 在...当中 ancestry 祖先 anew 重新 angel 天使 apparatus 仪器 applause 掌声 appliance 器具 aptitude 天赋;能力 argumentative 论证的 armament 〈总称〉武器 arouse 激发 ashore 在岸上 ass 驴;傻瓜 asset 资产;优势 astronomical 天文的 atop 在…顶上 attentive 专心的 attic 阁楼

attorney 律师 audio 音频 auditorium 礼堂 authorise 授权 automobile 汽车 aviation 航空 await 等候 awe 敬畏 axe 斧头 axis 轴 backup 备份 **backyard** 后院 badge 徽章 bail 保释 **bait** 诱饵 **ballot** 投票 bang 猛击 banknote 钞票 bankrupt 破产 **bankruptcy** 破产 banner 旗帜 banquet 宴会 barrel 桶 batch 一批 battalion 营 beam 梁 beforehand 事先 **beloved** 心爱的 **berry** 浆果 best-seller 畅销书 best-selling 畅销的 **bet** 打赌 beverage 饮料 **Bible** 圣经 billionaire 亿万富翁 **bin** 箱 **biochemical** 生化的 biochemist 生物化学家 biographer 传记作家 biotechnology 生物技术 bitch 母狗;〈禁忌〉泼妇 <mark>blade 刀片</mark>

**blast** 爆炸 blend 混合 blonde 金发女郎 <mark>bloom</mark> 花; 开花 blossom 花;开花 blueprint 蓝图 blur 模糊 boast 自夸;拥有 bold 大胆的 **bolt** 闩; 螺栓 **bondage** 束缚 boomer 生育高峰出生的人 **boost** 提升 bowel 肠 bracket 支架 **brag** 自吹 brandy 白兰地酒 brass 黄铜 breadth 宽度 breakdown 故障 **breed** 饲养; 品种 **breeze** 微风 **bribe** 贿赂 briefcase 公文包 brilliance 杰出 **broker** 经纪人 **brow** 眉毛 **browse** 浏览 brute 野兽; 冷酷无情的人 bubble 泡沫 buck 〈口语〉美元 **bucket** 提桶 buckle 扣环 **bud** 花蕾 **buddy** 好友 bug 昆虫;【计算机】出错 **bulb** 灯泡 bull 公牛 bullet 子弹;项目符号 **bulletin** 布告 bully 欺负别人的人 bump 碰撞; 减速路脊

bundle 一捆 bureau 局 **bypass** 旁道 bystander 旁观者 cabin 舱; 小木屋 cabinet 内阁 cable 电缆 **calendar** 日历 calf 小牛,牛犊 calorie 卡路里 campus 校园 cane 竹杖; 甘蔗 capita 人均(前跟 per) capitalism 资本主义 capitalist 资本主义的 **capture** 捕获 cardboard 纸板 career 职业生涯,事业 cargo 货物 cart 大车 **cashier** 收银员 cellar 地窖 **cell-phone** 〈口语〉手机 Celsius 摄氏度 **cement** 水泥 **cereal** 谷类 chairperson 主席 champagne 香槟酒 chaotic 混乱的 charitable 慈善的 charity 慈善; 慈善机构 charm 魅力 **charter** 宪章 chase 追,追逐 cherish 珍惜 **chill** 寒冷 **chimney** 烟囱 chin 下巴 chip 芯片 cholesterol 胆固醇 chop 劈; 大块 **chore** 苦差事 claim 宣称; 索赔 **clash** 冲突

**clerical** 文书的 **client** 客户 **cliff** 悬崖 **climax** 高潮 **cling** 紧紧抓住 clip 剪短; 片段 clockwise 顺时针地 <mark>clown 小丑</mark> clue 线索 **coarse** 粗的; 粗糙的 **cock** 公鸡;〈禁忌〉男性生 殖器 cohesion 凝聚力; 衔接 coil 线圈 collaborate 合作 colon 冒号;结肠 colony 殖民地 column 列 **columnist** 专栏作家 combat 战斗 comma 逗号 **commonplace** 司空见惯的 commune 公社 commute 通勤 compel 迫使 **competent** 能干的 complain 抱怨 **complaint** 投诉 compliance 遵守 **complicate** 使复杂 comply 遵守 comrade 同志; 战友 conceal 藏 concerted 协调一致的 condense 压缩 confess 承认 confront 面对 Confucian 孔子的,儒家的 congress 国会 conjunction 连词 conquer 征服 conquest 征服 **conscientious** 认真的 consolidate 巩固

contaminate 使不干净,污 染 contempt 蔑视 contend 争夺 **contentious** 争夺的 contest 比赛 contraction 收缩 cop 〈口语〉警察 **cope** 应对(后跟 with) copper 铜 **copyright** 版权 cord 绳 cornerstone 基石 corps 兵团 correspondent 记者 corridor 走廊 cosmic 宇宙的 cosmos 宇宙 costume 服装 couch 长沙发 council 委员会 counsel 谘询; 律师 countdown 倒计时 counterpart 对应 county 县 coupon 优惠券 coward 懦夫 cowboy 牛仔 crab 螃蟹 crack 裂纹 cracker 饼干 craft 工艺 crane 鹤;起重机 crawl 爬行 <mark>craze</mark> 热,狂热 creditable 值得肯定的 creep 爬行 **crisis** 危机 critic 评论家 criticise 批评 criticism 批评 crocodile 鳄鱼 crown 王冠;花冠 cruise 邮轮

crush 压碎 **crystal** 水晶 **cucumber** 黄瓜 **cue** 提示 **cultivate** 耕作; 陶冶 curb 遏制 **current** 当前的 **curse** 咒骂: 骂人话 curve 曲线 cute 可爱的 dairy 奶制品 damn 〈口语〉倒霉! darling 亲爱的 date 日期; 约会 **dean** (大学的) 院长 decay 腐烂 deceit 欺骗 deceive 欺骗 decent 体面的 deception 欺骗 decisive 果断的 **deck** 甲板 deem 认为 defect 缺陷 defected 叛逃的 defendant 被告 defiance 违抗 defiant 违抗的 deficiency 缺乏 deficit 赤字 defy 违抗 delegate 会议代表 deliberated 深思熟虑的 democracy 民主 democrat 民主党党员 dense 稠密的 **dent** 凹陷 dental 牙科的 **depart** 离开 **deputy** 副的 descend 下降 descent 血统 desktop 桌面

despair 绝望 detail 细节 deteriorate 恶化 devil 魔鬼 **devise** 制定 dew 露水 diabetes 糖尿病 diagnose 诊断 diagnosis 诊断 dialect 方言 diameter 直径 **digit** 数字,数位 dignify 使有尊严 diligent 勤奋的 dim 昏暗的 <mark>dime 一毛钱</mark> dine 就餐 diplomacy 外交 diplomat 外交官 **disapprove** 不赞成 discard 丢弃 discharge 排放 discipline 纪律 disco 迪斯科舞厅 disguise 伪装 disintegrate 瓦解 disorder 无秩序,混乱 dispute 争端 disrupt 扰乱 disruptive 破坏性的 dissolve 溶解 distract 使分散注意力 distress 痛苦; 困境 ditch 沟 diversify 使多元化 divisive 导致分裂的 dock 码头 **doctorate** 博士学位 **documentary** 纪录片 dolphin 海豚 donkey 驴 donor 捐助者 doom 厄运 dose 剂量

dragon 龙 drain 下水道; 排水 drainage 排水 drastic 猛烈的 **drift** 漂移 **dropout** 退出者; 退学者 drought 干旱 **drown** 使淹死 drunkard 酒鬼 **drunken** 醉酒的 dual 双的 dumb 哑的 dump 丢弃 durable 耐用的 dye 染料 earnest 郑重其事的 ease 容易 easy-going 随和的 <mark>echo 回声</mark> ecological 生态(学)的 efficient 高效的 elbow 肘 elective 选修课 electron 电子 elegance 优雅 elementary 基础的;小学的 elevate 使升高 elite 精英 embrace 拥抱 emit 发出 emotion 情感 emphatic 强调的 empire 帝国 empress 女皇;皇后 endurance 耐力 endure 忍耐 engage 参与 enlighten 启迪 enrich 丰富 enrol 报名 <mark>entitle</mark> 给(书等)取名; 使 有权 entrepreneur 企业家

entrepreneurial 企业家的 <mark>episode</mark> (电视剧的)一集 era 时代 err 犯错 erroneous 错误的 essence 本质 essential 根本性的 eternal 永恒的 eternity 永恒 euro 欧元 eve 前夕 evil 邪恶; 邪恶的; 恶行 exaggerate 夸大 excel 擅长 excess 过剩的 exclaim 惊叹 excursion 游览 execute 执行 executive 行政的; 常务的 exemplar 范例 exemplify 举例说明 **exert** 发挥 exhaust 使筋疲力尽;废气 exhaustion 筋疲力尽 **exhaustive** 详尽的 exile 流放 expanse 广阔 expansion 扩展 expel 驱逐 **expend** 花费 explosion 爆炸 expressway 高速公路 exterior 外观 extinguish 熄灭 eyebrow 眉 fable 寓言 fabric 织物 facility 设施 faculty 全体教师;特殊才能 faint 微弱的; 晕倒 fairy 仙子 fake 假的 famine 饥荒 farewell 告别

fascinate 使着迷 fashion 时尚; 时装 fatal 致命的 fate 命运 fatigue 疲劳 feasible 可行的 federate 联盟 feedback 反馈 fertile 肥沃的 figurative 比喻的 filter 过滤器 fingerprint 指纹 fireman 消防员 fireplace 壁炉 **firstly** 首先 fixate 使固定 fixture 固定装置 flavour 味道 flaw 缺陷 fleet 舰队 flock 一群 flourish 兴旺 fluid 流体 footprint 足迹 fore 前部 foresight 远见 forestry 林业 forge 锻造 formal 正式的 forth 向前 forum 论坛 fossil 化石 fraction 分数 fragment 片段 frame 框架 **frank** 直率的 freight 货运 freshman 大一新生 fruitful 富有成果的 frustrate 挫败 fuck 〈禁忌〉性交 fulfil 完成 furnace 炉子 fuss 大惊小怪

gadget 小装置 gamble 赌博 gang 团伙 gangster 歹徒 gaol 监狱 gap 差距 gaze 注视 gear 齿轮 gene 基因 generator 发电机 genetic 遗传的 **genius** 天才 genuine 真的 **geological** 地质(学)的 geology 地质学 germ 细菌 ghost 鬼 giant 巨人 **gigantic** 巨大的 <mark>glimpse 一</mark>瞥 gloom 忧郁 **glow** 发光 gorgeous 华丽的;棒的 **gossip** 说长道短 gown 女礼服 grab 抓 <mark>grace</mark> 优美 gracious 优美的 grammatical 语法的 graphic 书写的; 生动的 gratitude 感激 grave 坟墓 greenhouse 温室 grief 悲伤 grieve 使悲伤 grievous 令人伤心的 grin 咧嘴笑 grind 磨碎; 磨 grip 紧握; 吸引 gross 总的,毛的 guardian 保卫者 gulf 海湾 gum 牙龈;口香糖 gut 肠子;内脏

guy 〈口语〉男人; 家伙 habitat 栖息地 hack 砍 hail 冰雹;招呼 halt 停止 handbook 手册 handicap 使残疾 hardware 硬件 harness 马具;利用(能源) harsh 苛刻的 haste 仓促 haul 拖; 拽 haunt 出没 hay 干草 hazard 危害 haze 薄雾 hazy 模糊的 headmistress 女校长 headquarters 总部 heal 治愈 heap 一堆 hearty 衷心的; 丰盛的 **hectare** 公顷 hedge 树篱 heighten 加强 heir 继承人 hell 地狱 herd 牛群; 〈贬义〉人群 hereby 特此 heritage 遗产 heroine 女主角 hesitant 犹豫的 high-tech 高科技的 hijack 劫持 hinder 阻碍 **hint** 提示 hip 臀部 hollow 空心的 honeymoon 蜜月 horizon 地平线 horizontal 水平的 horn 喇叭 horrifying 令人恐怖的 horror 恐怖

horsepower 马力 hospitable 好客的 hospitality 好客 hostile 敌对的 household 住户 humble 谦卑的 hut 小屋, 舍 hyphen 连字符 ideal 理想;理想的 idealistic 理想主义的 idle 空闲的 illusion 幻觉 illusory 虚幻的 **imitate** 模仿 immense 巨大的 **immigrant** 移民 immune 免疫的 impatience 不耐烦 impatient 不耐烦的 imperial 皇帝的 impulse 冲动 incidental 附带的 incredible 难以置信的 indifference 冷漠 indifferent 冷漠的 indispensable 不可或缺的 industrious 勤劳的 infant 幼儿 infect 感染 inferior 低于别人的 infinite 无限的 **infinity** 无限 inflate 使膨胀 ingredient 成分; 配料 inhabit 居住 **inhabitant** 居民 inherit 继承 inland 内陆的 inquire 问询 install 安装 instalment 批次 **instinct** 本能 insult 侮辱 intact 不变的

intake 摄入量 intellectual 知识的; 知识分 子 **interfere** 干扰 interior 内部的 intimate 亲密的; 关系暧昧 的 intrude 侵扰 intrusion 侵扰 invade 入侵 invasion 入侵 invasive 扩散性的 inward 向内 **irony** 讽刺 jail 监狱 jealous 嫉妒的 jetlag 时差 ioint 联合的 **junk** 垃圾 juror 陪审员 jury 陪审团 keen 热衷的 **kin** 亲朋 kit 工具包 kneel 跪 **knit** 针织 knot 结 lace 花边 ladder 梯子 lag 滞后 landlady 女房东; 女地主 landlord 房东; 地主 landscape 景观 lane 车道 laptop 笔记本电脑 laser 激光 launch 发射 lavatory 厕所 lawn 草坪 layoff 裁员 **layout** 布局 lean 倚,靠 leap 跳跃 **lease** 租赁

**leisure** 休闲 lens 镜头 **lest** 以免 liable 承担责任的 lick 舔 **lily** 百合 limb 肢 linear 线性的 liquor 白酒 literacy 识字,读写能力 literal 字面的 livelihood 生计 liver 肝 living-room 客厅 loan 贷款 lobby 大堂 locality 位置,地点 **locker** 更衣柜 lodge 小屋,小舍 log 日志 **logo** 徽标 loophole 漏洞 **lord** 君主: 上帝 loyal 忠诚的 lump 块 lunar 农历的 **luxury** 奢侈 magnet 磁铁 magnificent 壮丽的 mainstream 主流 makeup 化妆 mall 购物中心 mammal 哺乳动物 manufacture 制造 marine 海洋的 marital 婚姻的 marsh 沼泽 **marshal** 元帅 marvel 奇迹 Marx 马克思 **massage** 按摩 **massive** 大量的 **masterpiece** 杰作 <mark>mate 交配</mark>

maximal 最大的 mayor 市长 meantime 同时 mechanic 机械工 mechanise 使机械化 melt 融化 memo 备忘录 memorandum 备忘录 mend 修理 **merit** 优点 meritorious 值得称赞的 messenger 使者 metro 地铁 **microphone** 麦克风 middle-class 中产阶级的 mighty 强大的 <mark>migrant</mark>移居者,流动者 mill 磨坊 miner 矿工 miracle 奇迹 miraculous 奇迹般的 miserable 悲惨的 **misfortune** 不幸 mission 使命 **moderate** 适度的 moist 潮湿 monetary 货币的 monster 怪物 mood 心情 moreover 此外 mortgage 按揭 motel 汽车旅馆 **motion** 议案 <mark>motorway</mark> 〈英〉高速公路 mould 模子 mount 装配 mug 缸子 mule 骡 multiple 多重的 municipal 市的,市政的 **muscle** 肌肉 muscular 肌肉的 **mystery** 神秘 <mark>myth</mark> 神话

**mythic** 神话的 mythology 〈总称〉神话 naked 裸体的 nap 午休 napkin 餐巾 narrate 讲述 nasty 令人讨厌的 naughty 淘气的 naval 海军的 necessitate 使必要 necessity 必要性 **needy** 贫困的 negative 负面的 neglect 忽视 negotiable 可谈判的; 面议 的 nerve 神经 nicety 准确; 细节 nickel 镍 nightmare 噩梦 nonsense 胡说八道 nosy 爱管闲事的 notate 标注 notification 告知 notify 告知 notional 概念的 noun 名词 nourish 滋养 novelty 新奇 nucleus 核;核心 nude 裸体的 nuisance 滋扰 numerous 许多的 obese 肥胖的 oblige 迫使 obstacle 障碍 occasion 场合 odour 气味 offend 冒犯 old-fashioned 老式的 Olympiad 奥林匹克运动 会,奥运会 omit 省略 online 在线

onwards 朝前 opponent 对手 opportunity 机遇 opt 选择(后跟 for) optimism 乐观 orchestra 管弦乐队 ore 矿石 organic 有机的 organism 有机体 ornament 饰品 orphan 孤儿 orphanage 孤儿院 ounce 盎司 outdated 过时的 outlet 插座 outlook 前景 outset 开始 outskirts 郊区 oven 烤箱 overdue 逾期的 overhear 无意间听到 overnight 一夜之间 oversee 监督 oversight 疏忽 overtake 超, 超越 overthrow 推翻 overtime 超时,加班 overwhelm 淹没; 使崩溃 ozone 臭氧 pad 垫 **paddy** 稻子; 稻田 palm 棕榈; 手心 pants 〈主美〉裤子 paperback 平装书 **parade** 游行 paradox 悖论 parliament 议会 particle 粒子 passion 激情 password 密码 **paste** 粘贴 pastime 消遣 pat 轻拍 patch 补丁

paw 爪子 payroll 工资单 peak 峰 peanut 花生 pearl 珍珠 peasant 农民 peasantry 〈总称〉农民 **peculiar** 奇特的 peer 同龄人 penalise 惩罚 penalty 惩罚 penetrate 穿透 perceptive 感知的 peril 危险 permissive 允许的 persevere 坚持不懈 personality 个性 pessimism 悲观 pessimist 悲观主义者 pessimistic 悲观的 petroleum 石油 **petty** 小的; 心眼小的 **picturesque** 如画的 pierce 刺入 pigeon 鸽子 <mark>pillar</mark> 支柱 pinch 捏 piracy 海盗; 盗版行为 **pirate** 海盗 pistol 手枪 pit 坑 pitch 沥青 pizza 比萨饼 plague 瘟疫 plantation 种植园 **pledge** 保证; 信物 plough 犁 <mark>plunge 跳入; 使陷入</mark> plural 复数 **polar** 极地的 poll 投票; 民意测验 pollster 民意测验专家 populous 人口多的 posture 姿势

**poverty** 贫困 preach 布道, 传 precaution 预防措施 preface 序 presidency 总统职位 prevail 盛行 prevalent 盛行的 **priest** 牧师 prince 王子 princess 公主 privatise 使私有化 **procession** 队伍 proclaim 宣告 proficient 熟练的 **profound** 深刻的 projector 投影仪 **prominence** 突出 prominent 突出的 prompt 提示 <mark>proof</mark> 证据 property 财产 propose 建议 proposition 命题 prose 散文 protein 蛋白 protest 抗议 proverb 谚语 provision 提供; [-s]食品 **provoke** 引发 **publicize** 宣传 punch 用拳头猛击 **purify** 使净化 pursuit 追求 quantify 量化 quota 定额 rack 行李架 radar 雷达 rage 愤怒 ragged 衣衫褴褛的 raid 突袭 rally 集会 realm 界,领域 reap 收获 rear 后方

rebel 反叛 recall 召回 receptive 接受的 recession 经济衰退 recipient 收件人 reckon 估计 recruit 招聘 refrain 避免(后跟 from) registrar 学籍管理员 relativity 相对; 相对论 relieve 减缓 remedy 补救办法 render 使处于;翻译 renovate 翻修 repay 偿还 **repetitive** 重复的 reproduce 复制;再现 **reproductive** 生殖的 resent 怨恨 resolution 决议 resort 度假村 respective 各自的 **response** 响应 resume 恢复; 简历 retail 零售 retention 保留 retreat 撤退 reunion 团聚 revolve 旋转 **rhythm** 节奏 **rib** 肋骨 ribbon 带子;装饰带 **ridicule** 嘲弄 rifle 步枪 riot 骚乱 rip 撕裂 rival 竞争对手 roar 轰鸣 rod 棍棒;杆 romantic 浪漫的 rose 玫瑰 rouse 唤醒 rub 擦 rug 地毯

rumour 谣言 runway 跑道 **rural** 农村的 sack 麻袋 saint 圣;圣徒 <mark>sake 名义</mark> sample 样本 sane 神志正常的 sauce 汁 scale 规模 scandal 丑闻 scarce 稀有的 scatter 分散 scent 气味;香味 scout 童子军; 侦察舰 screw 螺丝 script 脚本,讲稿 scripture 经文; 圣经 segment 片段 <mark>seizure</mark> 发作 semester 学期 semi 半 semi-colon 分号 senate 参议院 senator 参议员 sensible 明智的 sensor 传感器 setback 挫折 shed 棚 sheer 纯粹的 <mark>shit</mark> 粪便,屎 shiver 颤抖 showy 艳丽的 shrimp 虾 shrug 耸肩 siege 围攻 sign 标记 sin 罪 singular 奇异的 skeleton 骨架 sketch 素描 sketchy 不完全的

skinny 瘦的 skyline 天际线 slap 掌击 slender 细长的 slipper 拖鞋 slippery 滑的 slogan 口号 slope 坡 smash 粉碎 snack 小吃 soak 浸泡 soar 升空; 飞涨 sociable 善于交际的 socialise 社交 sociology 社会学 soda 苏打水 solemn 庄严的 soluble 可溶的 solution 解决办法 solve 解决 solvent 不负债的; 溶剂 sophisticated 复杂的 sophistication 复杂 sore 疼痛的 spacecraft 航天器 span 跨度 <mark>spark 火花</mark> sparkle 闪烁 spatial 空间的 species 物种 specimen 标本 speculate 推测 spill 漏; 泄露 <mark>spite 恶意(用作 in spite of,</mark> 尽管) splash 溅 splendour 辉煌 spoil 溺爱 spontaneous 自发的 sportsman 运动员 spouse 配偶 spur 激励 stack 堆 staircase 楼梯

stake 赌注,风险 stale 陈的; 陈旧的 standpoint 立场; 角度 **startle** 使惊吓 stationary 静止的 steamer 汽船; 蒸笼 steer 引导 stem 干;题干 stiff 僵硬的 stimulant 刺激物;兴奋剂 **stimulate** 刺激 **stimulus** 刺激 sting 毒刺 stir 搅拌 stock 股票 stool 凳子 storey 楼层 stormy 猛烈的 strain 拉紧 strap 表带 **stretch** 伸展 stride 大步行走 strip 脱掉;剥 stripe 条纹 <mark>strive</mark> 力争 stroke 中风 stuff 东西 stuffy 不通气的,闷的 submissive 顺从的 substance 物质 subtract 减 suburb 郊区 subway 地铁 summit 首脑会议 sunrise 日出 sunset 日落 superficial 肤浅的 supervise 监督 supposition 猜测 supremacy 至高无上 surf 冲浪 surge 涌; 猛升 surgery 手术 surgical 外科的

surname 姓氏 surrender 投降 suspense 悬念 suspicion 怀疑 suspicious 可疑的 sway 摇摆 swipe 刷 (卡) sympathise 同情 tackle 处理 tag 标签 **tame** 驯服 tangible 有形的 technician 技术员 tedious 单调乏味的 **teen** 青少年 telecommunication 电信 teller 出纳 temper 脾气 tender 脆弱的; 心肠软的 terrific 棒的 territory 领土 **textile** 纺织 Thanksgiving 感恩节 therapy 治疗 thermometer 温度计 threat 威胁 thrive 繁荣 thrust 推 thumb 拇指 tide 潮 timber 木材 toe 脚趾 token 标志;代币 toll 过路费 **tone** 语气 torch 火炬 torture 折磨 <mark>toss</mark> 抛,掷 touchy 敏感的 township 镇 trademark 商标 traffic 贩卖 tragedy 悲剧 tragic 悲剧的

trail 足迹 **trailer** 拖车; 预告片 transact 办理 transcript 成绩单;转写 transition 过渡 transparency 透明 transplant 移植 trash 垃圾 tray 托盘 treaty 条约 **tremendous** 巨大的 trifle 小事 triple 三倍的 triumph 胜利 triumphant 胜利的 trolley 购物车 trustee 受信托人 tuition 学费 tumour 肿瘤 <mark>tunnel 隧道</mark> tutorial 教程 underestimate 低估 undergraduate 本科的;本 科生 undermine 破坏 undo 撤消 upgrade 升级 upload 上传 upright 正直的 up-to-date 最新的 **usage** 使用 utility 有用;水电 utmost 最大的 **utter** 说出 vacancy 空缺 vacuum 真空 van 面包车 vanish 消失 vanity 虚荣 vapour 水汽 vegetarian 素食者 veil 面纱 **vendor** 小贩 <mark>venture</mark> 企业

<mark>verb</mark> 动词 verbal 口头的 verify 核实 <mark>versus 对</mark> vessel 容器 veteran 退伍军人 veto 否决权 viewpoint 观点 vigorous 精力充沛的 vigour 精力 vitamin 维生素 vocation 职业 volt 伏特 voluminous 大量的 vulnerable 易受伤害的 wagon 马车 ware 制品

warfare 战争 warrior 战士 wary 谨慎的 watchful 警惕的 waterproof 防水的 watertight 防水的 wavy 波浪的 weapon 武器 weaponry 〈总称〉武器 weave 编织 weird 怪异的 well-being 福祉 well-known 知名的 well-off 小康的 whatsoever 无论什么 whip 鞭子; 鞭打 <mark>whiskey</mark> 威士忌酒

wide 宽的 wilderness 荒野 willpower 意志 wireless 无线的 wit 机智 withstand 承受 workforce 劳动人口 workout 锻炼 workshop 研修班 worship 崇拜 <mark>wrap 包,裹</mark> wreck 残骸 Yankee 〈美〉北方人 <mark>yield 产,出;屈服</mark> yoga 瑜伽 <mark>zoology</mark> 动物学

# APPENDIX 2 CET 4/6 SPOKEN ENGLISH TEST

Topic A - 1

Topic Area: Daily Life Topic: Travel

Examiner:

Hello, welcome to the CET Spoken English Test – Band Four. We wish you both good luck today. Now let's begin with self-introductions. Candidate A, would you please start? (考生 A 先回答,时间 20 秒) Thank you. Candidate B, now it's your turn. (然后考生 B 回答,时间 20 秒) Thank you. OK, now that we know each other, let's go on.

Examiner:

Task 1 Read Aloud

In this task, you are to read aloud a short passage. You will have 45 seconds to go over the passage and 1 minute to read it aloud. Now here is the passage.

(屏幕显示以下文字)

Many people would list San Francisco as one of the most delightful cities in the world. Sitting on the Pacific coast, it gives you a feeling of the sea. The sea breezes wake you up and make you eat well and sleep well. The city was planned with straight roads, and these roads cross each other at right angles, making squares as they do in many American cities. Very often you can find yourself on top of a hill in the city, looking down one of these straight roads as it rises and falls on its journey through the town. A good way to travel these roads is by cable car. These are buses that run on rails in the ground up and down the steep hills.

(考生准备时间 45 秒)

Now please begin to read on hearing the beep. (考生 A 和 B 同时回答,时间 1 分钟)

Examiner:

#### Task 2 Question and Answer

In this task, you are to answer two questions. For each question, you will have 20 seconds to respond. Please start speaking on hearing the beep.

(问题文字不显示在屏幕上)

Question 1: What would many people think of San Francisco according to the passage? (考生 A 和 B 同时回答,时间 20 秒)

Question 2: Which city in China do you like most? And why? (考生 A 和 B 同时回答,时间 20 秒)

Examiner:

#### Task 3 Individual Presentation

In this task, you are to talk about the picture displayed on the screen. You will have 45 seconds to prepare and 1 minute to talk about it. Now here is the picture.



(考生准备时间 45 秒)

Now please start speaking on hearing the beep. (考生 A 和 B 同时回答,时间 1 分钟) *Examiner:*  Task 4 Pair Work

In this task, you are to talk with your partner about a plan of travel. Suppose you have three days to go sightseeing together. Talk with each other and make a plan for your trip. Your plan may include:

- 1. place(s) to visit
- 2. schedule
- 3. means of transportation

You will have 1 minute to prepare and three minutes to talk. Remember, this is a pair activity and you need to interact with each other. Your performance will be judged according to your contribution to the pair work. Now please start to prepare.

#### (屏幕上显示以下文字)

Your plan may include:

- 1. place(s) to visit
- 2. schedule
- 3. means of transportation

(考生准备时间1分钟)

Now please start your talk on hearing the beep. (考生 A 和 B 讨论,时间 3 分钟)

Thank you. That is the end of the test.

# APPENDIX 3 BLANK PAGES FOR

# **ADDITIONAL TASKS**